aegide INTERNATIONAL

Cultivate excellence

Guide 2026

TRAINING AND DEVELOPMENT

By Aegide International

nebosh LEARNING PARTNER GOLD 1050

iosh Approved training provider 4081

Qualiopi processus certifié

RÉPUBLIQUE FRANÇAISE

La certification qualité a été délivrée au titre de la catégorie d'action suivante :

ACTIONS DE FORMATION

www.aegide-international.com

EDITO

At Aegide International, we transform skills into performance.

Our customized programs develop leadership, technical expertise, and talent to meet the challenges of your industry.

Combining innovative practices, hands-on learning, and personalized support, our Training and Development department acts as a strategic lever to boost your teams and support your organization's success.

Laetitia DAPREMONT
Business Line Manager

Why choose Aegide International?

EXPERTISE
Our programs are regularly updated to meet the innovation needs of businesses and industry standards, ensuring relevant and practical content.

QUALIFICATION
All our instructors are nationally and/or internationally recognized. They are selected for their technical and teaching skills, ensuring high-quality learning.

OFFER
All our inter-company training sessions can be adapted for intra-company training. Our partnerships allow us to issue internationally recognized professional certifications.

FINANCING
Aegide International is accredited by the public bodies responsible for financing professional training, facilitating access to our programs.

SUPPORT / LEARNING EXPERIENCE
Our team supports you throughout your training journey. We advise you on the programs best suited to your needs and guarantee an optimal learning environment: small training group – maximum of 12 participants, fully equipped rooms and interactive learning to maximize impact and skills transfer.

HSE TRAINING
A lever for operational excellence.

Our HSE training courses cover all aspects: management, technical risks, and road safety, enabling you to:

- Raise awareness among your teams about occupational risks
- Assess skills and knowledge
- Develop risk management skills
- Improve and refine staff safety practices
- Promote the development of a Safety Culture
- Protect the lives of your employees

FIND YOUR WAY

Captions

CERTIFYING

Training courses accredited by national or international certification bodies, with certification issued upon successful completion of the exam. A certificate of training completion is also issued by Aegide International for all training courses delivered.

ADVANCED
INTERMEDIATE
BEGINNER

Training difficulty level: some training courses require prior knowledge or regulatory requirements to participate. Please refer to the section on prerequisites for each training course for more information.

FRANCE TRAVAIL

Training courses eligible for funding by FRANCE TRAVAIL (excluding CPF).

VIEW ONLINE

Consult the information sheet directly on our website to access the inter-company calendar and request a quote.

Interactive PDF!

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1. SKILLS DEVELOPMENT AND PROFESSIONAL RESKILLING PROGRAMS

1.1 CERTIFYING COURSES

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Nebosh IGC - International General Certificate 9

Nebosh EMC - Environmental Management Certificate 10

Nebosh PSM - Process Safety Management 11

IOSH Managing Safely 12

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IRCA - ISO 9001 Auditor 14

IRCA - ISO 14001 Auditor 15

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Bowtie - Bowtie risk analysis 17

OUR CERTIFICATIONS

We offer qualifications in health, safety, and environment, accredited by globally recognized certification bodies.

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Our certification training courses are highly renowned and valued across industries and worldwide. Whether you are looking to enhance your professional profile or seeking a company-wide safety and environmental development program, our training courses will help you improve your personal skills and those of your employees.

Recommendation rate

★★★★★

Overall satisfaction rate

★★★★½

IN FIGURES

30 years of experience

25000+ trainees

1100+ companies, local authorities, and governments

TO BE CERTIFIED

NEBOSH IGC - INTERNATIONAL GENERAL CERTIFICATE

VIEW ONLINE

CERTIFYING
ADVANCED
FRANCE TRAVAIL

DURATION
10 days (70 hours)

LANGUAGES
French
English

FORMATS
In class
Distance learning
Intra & Inter company

PRICE
2850 € VAT incl. Inter.
Price on request for Intra.

TARGET AUDIENCE:

Anyone who has a role to play and responsibilities in health and safety in their profession and wants to be recognized globally for their understanding and knowledge of these topics. This training is also suitable for those starting HSE career in France and/or internationally.

PREREQUISITES:

Basic knowledge of occupational health and safety and risk prevention in the workplace. Proficiency in the language of instruction (French or English), written and spoken.

OBJECTIVES:

- Understand the fundamentals of an Occupational Health and Safety Management System.
- Understand your role and responsibilities in an Occupational Health and Safety Management System.
- Understand the hazards associated with your industry and workplace.
- Understand the principles and preventive measures of occupational health and safety prevention.

TRAINING CONTENT

The NEBOSH IGC training course is divided into two units: IG1 and IG2.
Each unit will be assessed separately.

WEEK 1

Unit IG1: International Health and Safety Management (5 days)

Course outline:

- Why should we manage health and safety at work?
- How health and safety management systems work and what they look like in practice
- Managing risks - understanding people and processes
- Monitoring and measuring health and safety

WEEK 2

Unit IG2: Risk assessment (5 days)

Course outline:

- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workplace issues
- Work equipment
- Fire
- Electricity

Exam / validation:

IG1: Remote open-book exam (OBE) - 24 hours to complete the exam
- Approx. 4 hours of personal work. Approx. 10 (open-ended) questions that may be divided into several sub-questions.
IG2 : risk assessment in the workplace: to be carried out no later than 7 days after the OBE. The IG1 part must also have been completed.

Registration:

No later than 15 days before the start of the training course.

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LEARNING PARTNER
GOLD 1050

AVAILABLE IN E-LEARNING

- Standardized theoretical content in French.
- Autonomy, flexibility, and progress tracking.
- Official Nebosh exam and certification.

1500€ VAT INCL.

MORE INFO ON PAGE 40

TO BE CERTIFIED

NEBOSH EMC - ENVIRONMENTAL MANAGEMENT CERTIFICATE

VIEW ONLINE

CERTIFYING

BEGINNER

FRANCE TRAVAIL

DURATION
5 days (40h)

LANGUAGES
English

FORMATS
In class
Distance learning
Intra & Inter company

PRICE
1890 € VAT incl.
Inter.
Price on request for Intra.

TARGET AUDIENCE:

Anyone who has responsibilities for managing environmental issues as part of their work. The qualification is designed to be globally relevant and benefit companies in all industry sectors who are seeking to implement effective environmental management systems, increase positive environmental impacts, and reduce negative environmental impacts.

PREREQUISITES:

Proficiency in the language of instruction written and spoken.

OBJECTIVES:

- Understand a range of environmental issues to improve performance and reduce harm
- Work with an environmental management system and contribute to continual improvement
- Recognise environmental aspects and evaluate current controls
- Support decision-making with ethical, legal, and financial arguments
- Understand the links between your organization's activities and wider environmental issues

TRAINING CONTENT

- Foundations in environmental management
- Environmental management systems
- Assessing environmental aspects and impacts
- Planning for and dealing with environmental emergencies
- Control of emissions to air
- Control of environmental noise
- Control of water source contamination
- Waste management and land use
- Sources and use of energy and energy efficiency

Certification exam

Unit EMC1: Environmental management – Open book examination
Unit EMC2: Assessment of environmental aspects and associated impacts – Practical assessment

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TO BE CERTIFIED

NEBOSH PSM - PROCESS SAFETY MANAGEMENT

VIEW ONLINE

CERTIFYING

ADVANCED

FRANCE TRAVAIL

DURATION
4 days (28h)

LANGUAGES
English

FORMATS
In class
Distance learning
Intra & Inter company
4 pers. min.

PRICE
1790 € VAT incl.
Inter.
Price on request for Intra.

TARGET AUDIENCE:

People who work in process industries such as oil and gas refining, chemicals, plastics and pharmaceuticals manufacturing. It is suitable for managers, supervisors, safety representatives and health and safety advisors working within the process industries.
This training is not designed for chemical and process safety engineers experienced in the specification, design, and maintenance of processing plants.

OBJECTIVES:

- This qualification aims to provide holders with the knowledge and understanding of process safety management to ensure they can contribute to the effective management of process safety risks.
- This qualification builds on the understanding already gained by studying the NEBOSH International General Certificate in Occupational Health and Safety.

PREREQUISITES:

It is recommended that learners already have a basic understanding of health and safety issues. Proficiency in the language of instruction written and spoken.

TRAINING CONTENT

PSM1 : Process Safety Management

1.1 Process safety management

- Process Safety Management meaning
- Process safety leadership
- Organisational learning
- Change Management
- Worker engagement
- Competence

1.2 Management of process risk

- Establishing a process safety management system
- Risk management techniques used within the process industries
- Asset management and maintenance strategies
- Role, purpose, and features of a permit-to-work system
- Safe shift handover
- Contractor management

1.3 Process safety hazard control

- Operating procedures
- Safe start-up and shutdown
- Safety-critical performance standards
- Utilities
- Electricity/static electricity
- Hazardous substances
- Reaction hazards
- Bulk storage operationss

1.4 Fire protection and emergency response

- Fire risks
- Fire and explosion control
- Dust explosions
- Emergency preparedness

Assessment:

90-minute multiple-choice exam with 40 questions. No practical component.

Registration:

No later than 15 days before the start of the training course.

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LEARNING PARTNER
GOLD 1050

TO BE CERTIFIED

IOSH - MANAGING SAFELY

VIEW ONLINE

CERTIFYING
BEGINNER
FRANCE TRAVAIL

DURATION
3 days (21h)

LANGUAGES
French
English

FORMATS
In class
Distance learning
Intra & Inter company

PRICE
1080 € VAT incl.
Inter.
Price on request for Intra.

TARGET AUDIENCE:

Designed for managers, administrators, and supervisors in all organizations and sectors.

PREREQUISITES:

Proficiency in the language of instruction (French or English) written and spoken.

OBJECTIVES:

- Assess and control risks and hazards.
- Provide a comprehensive understanding of your health and safety responsibilities.
- Investigate incidents.
- Measure your own performance against best practices.

TRAINING CONTENT

1. INTRODUCTION
- Why managing safely is important?
- How can you influence safety management?

2. ASSESSING RISKS
- What is a risk?
- What is risk assessment?
- How are risk assessments carried out?

3. CONTROLLING RISKS
- How can risk be reduced?
- How to choose the risk control measure to use?

4. UNDERSTANDING RESPONSIBILITIES
- What does the law require of you?
- How does the law work?
- What are the key elements of a health and safety management system?

5. UNDERSTANDING HAZARDS
- What are some common hazards?
- What can you do about common hazards?

6. INVESTIGATING INCIDENTS
- Pourquoi mener des enquêtes sur les incidents ?
- Comment se produisent les incidents ?
- Comment mener une enquête sur un incident ?

7. MESURER LA PERFORMANCE
- Why investigate incidents?
- How do incidents occur?
- How should an incident be investigated?

Assessment:

Risk analysis (on-site within the company) Multiple-choice exam at the end of the third day

Registration:

No later than 5 days before the start of the training course..

iosh Approved training provider 4081

OPTION

Customizable training - Standard IOSH + Your HSE standards

In collaboration with your company, we develop and deliver content additional information specific to your company's HSE management system.

Through the IOSH standard, this training course enables you to explain and apply your own HSE standards. Your managers will understand the need for their involvement in improving your company's safety culture. All modules can be supplemented with examples, figures, documents, policies, charters, or specific features of your company.

TO BE CERTIFIED

IOSH - WORKING SAFELY

VIEW ONLINE

CERTIFYING

BEGINNER

DURATION
1 day (7h)

LANGUAGES
French

FORMATS
Distance learning
Intra company

PRICE
On demand

TARGET AUDIENCE:

People at any level, in any sector, in any location worldwide, who need a grounding in the essentials of safety and health. It gives everyone an understanding of why we must «work safely» – and does it in an enjoyable way.

PREREQUISITES:

Proficiency in the language of instruction written and spoken.

OBJECTIVES:

- Understand the importance of working safely.
- Distinguish between hazards and common risks.
- Be competent in identifying and controlling hazards and risks.
- Understand the importance of safety performance in the workplace and how to improve it.

TRAINING CONTENT

4 modules

- Module 1: Introduction to working safely
- Module 2: Defining hazard and risk
- Module 3: Identifying common hazards
- Module 4: Improving safety performance

Completing the course will also ensure that employees and the organisation as a whole have the knowledge necessary to comply with HSE legislation.

ASSESSMENT

The IOSH Working Safely course assessment is twofold. A 10-questions multiple-choice test and a practical risk hunt exercise, each lasting 15 minutes.

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TO BE CERTIFIED

IRCA ISO 9001 AUDITOR

VIEW ONLINE

CERTIFYING

ADVANCED

FRANCE TRAVAIL

DURATION
5 days (40h)

LANGUAGES
French

FORMATS
In class
Intra & Inter company

PRICE
1980 € VAT incl.
Inter.
Price on request for Intra.

TARGET AUDIENCE:

Anyone working in a quality management system, across all sectors.

PREREQUISITES:

Knowledge of quality principles and concepts. Proficiency in the language of instruction, written and spoken

OBJECTIVES:

- Develop skills to detect, formulate, and report nonconformity.
- Deepen knowledge of the ISO 9000 series of standards.
- Perfect your audit methodology.
- Have completed training recognized by the IRCA that qualifies you to become an Auditor or Certification Audit Manager.

TRAINING CONTENT

DAY 1: CONCEPTS

- The principles of quality management systems
- Defining accreditation, certification, the organizations involved, and the different types of audits
- Understand the structure and requirements of the standard
- Understand the context and methods for analysis
- Understand the process approach and develop knowledge of their representation

DAY 2: PREPARATION

- Establish the audit program
- Plan and prepare an audit

DAY 3: EXECUTION

- Conduct the audit
- Master audit techniques
- Practical exercises through case studies on the different stages of the audit
- Master the drafting of non-conformities

DAY 4: CONCLUSION

- Report the audit results
- Verifying corrective actions
- Implementing follow-up audits
- Decide on corrective actions and improvements
- Prepare the audit report

DAY 5:

REVIEW QUIZ AND IRCA REGISTRATION (½ DAY)

- Review of previous days
- IRCA and IRCA Auditor/Audit Manager registration

Certification exam (½ day)

In class written exam.

SUPPLEMENTS

- OHSAS 18001 -> ISO 45001 Transition Training
- Internal Auditor Training

Registration:

No later than 1 month before the start of the training.

IRCA
En partenariat avec ETHIQUAL

The International Register of Certified Auditors (IRCA) is the world's largest international auditor certification body. This training course leads to an IRCA certificate of competence that is recognized nationally and internationally in third-party auditing.

TO BE CERTIFIED

IRCA ISO 14001 AUDITOR

VIEW ONLINE

CERTIFYING

ADVANCED

DURATION
3 days (24h)

LANGUAGES
French

FORMATS
In class
Intra & Inter company

PRICE
1440 € VAT incl.
Inter.
Price on request for Intra.

TARGET AUDIENCE:

Anyone working in an environmental management system. This training is aimed at experienced environmental management professionals who wish to obtain international recognition and environmental auditor status.

OBJECTIVES:

- Pass the IRCA exam at the end of the training course.
- Develop skills in detect, formulate and report non-conformities.
- Deepen your knowledge of the ISO 14000 series of standards.
- Perfect your audit methodology.
- Have completed IRCA-recognized training to become a Certification Auditor or Audit Manager.

PREREQUISITES:

Participants must demonstrate their knowledge of management principles and concepts by completing a questionnaire on: The Plan, Do, Check, Act (PDCA) cycle, the relationships between the fundamental elements of management systems, the expected results of an environmental management system, knowledge of the requirements of ISO 14001, knowledge of management system audits. Proficiency in the language of instruction, written and spoken

TRAINING CONTENT

IRCA
En partenariat avec ETHIQUAL

Standards, principles, and definitions, the ISO 14001 standard

- Environmental standards
- Terms and definitions
- Context and leadership
- Planning for risks and opportunities, environmental aspects and their impacts
- Regulatory and legal obligations
- Operational control support
- Performance evaluation and improvement

Processes, audit planning, checklists, preparation, and execution

- Auditing Environmental Management Systems
- Planning and checklist
- Preparing and conducting the audit
- Identifying and document nonconformities
- Regulatory obligations

Audit activities and execution (continued)

- Verifying corrective actions
- Implementing follow-up audits
- Decide on corrective actions and improvements: prepare the audit report
- Case study

Revision quiz, certification exam (½ day)

In class written exam.

Registration:

No later than one month before the start of the training course.

TO BE CERTIFIED

IRCA ISO 45001 AUDITOR

VIEW ONLINE

CERTIFYING

ADVANCED

DURATION
3 days (24h)

LANGUAGES
French

FORMATS
In class
Intra & Inter company

PRICE
1680 € VAT incl.
Inter.
Price on request for Intra.

TARGET AUDIENCE:

Anyone working in a health and safety management system OHSAS 18001: 2007 or an integrated QSE system who wishes to update their knowledge of the requirements of the ISO 45001: 2018 and develop a transition plan transition plan for their SMS&ST.

OBJECTIVES:

- Understand the new structure of management systems based on Annex SL and the audit implications
- Know how to audit the new requirements relating to the organization and its context, leadership, risks and opportunities, and documented information.
- Understand the requirements related to communication and worker participation and how to audit them.
- Adapt your audit techniques to new or modified requirements.
- Maintain your IRCA registration if you are registered under OHSAS 18001.

PREREQUISITES:

Participants will be required to demonstrate their knowledge of management principles and concepts by completing a questionnaire on: * The Plan, Do, Check, Act (PDCA) cycle * The essential elements of a management system and the interrelationship between management responsibility, policy, objectives, planning, implementation, measurement, review, and continuous improvement. * The expected results of an occupational health and safety management system * Knowledge of the requirements of ISO 45001 and commonly used OHS management terms and definitions, as defined in ISO 45001 * CQI-IRCA ISO 45001 certified training management or equivalent * Knowledge of management system audits.

TRAINING CONTENT

IRCA
En partenariat avec ETHIQUAL

DAY 1:
Standards, principles, and definitions, ISO 45001 standard

DAY 2:
Processes, audit planning, audit checklist, preparation, implementation

DAY 3:
Audit activities, execution, review quizzes, IRCA registration and examination

Certification exam (½ day)

In class written exam

Registration:

No later than one month before the start of the training course.

TO BE CERTIFIED

BOWTIE XP - BUTTERFLY KNOT RISK ANALYSIS

VIEW ONLINE

INTERMEDIATE

DURATION
2 days (14h)

LANGUAGES
French
English

FORMATS
In class
Distance learning
Intra & Inter company

PRICE
On demand

TARGET AUDIENCE:

Management (Division Heads, Department Heads), Site HSE Manager (RSES), Designer, Developer, Middle Management (Supervisor – Operations, Production, Maintenance, and HSE Superintendent), HSE Engineer, Site Manager, Site Supervisor.

PREREQUISITES:

Proficiency in the language of instruction (French or English), written and spoken

OBJECTIVES:

- Be able to identify and organize the dreaded «Top Events»;
- Be able to construct diagrams.
- Be able to use the BowTie method to define specifications.
- Be able to use BowTie XP software to design diagrams, link the management system (procedures, activities, actions, responsibilities), report, communicate, etc.

TRAINING CONTENT

1. General information: Presentation of the Bowtie method

- Definition: Risk, Hazard, Threat, Barrier, ALARP
- Qualitative and quantitative approaches to risk management

2. Application of the bowtie method to a specific case (interactive workshop)

- Identification and assessment of hazards, feared events, and threats in accordance with
- Risk assessment (risk matrix design)
- Risk reduction measures (definition of preventive and corrective measures)
- Determination of aggravating factors
- Determination of means of controlling these factors
- Determination of tasks
- Determination of «Who, What, When»
- Determination of a verification method
- Demonstration of ALARP risk reduction.

1.2 OFF-THE-SHELF TRAINING

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1.2.1 SAFETY CULTURE

SAFETY LEADERSHIP

INTERMEDIATE

DURATION
1 day (7h)

LANGUAGES
French
English

FORMATS
In class
Distance learning
Intra company / 10 pers.

PRICE
On demand

TARGET AUDIENCE:

All types of managers (team managers, department heads, executives, etc.).

PREREQUISITES:

Proficiency in the language of instruction (French or English), written and spoken.

OBJECTIVES:

- Understand the roles and responsibilities of managers, regardless of their level in the hierarchy.
- Identify ways to improve behaviour.
- Understand the link between behaviour, human error, and workplace accidents.
- Ensure that safety rules are integrated into day-to-day business.
- Describe leadership and commitments to occupational health and safety.
- Apply effective communication and interactions.
- Ensure that teams are aware of the safety policy and apply it.
- Lead by example and proactively engage employees on safe behaviours and work practices.

TRAINING CONTENT

Preliminary quiz to assess perception of safety culture

Introduction

- Debrief of preliminary quiz.
- Understand the moral, legal, and financial reasons why a company must enforce safety rules.
- Understand your company's policy and objectives.

1. Understanding roles and responsibilities as a manager

- The health and safety management system (risk assessment, Gemba, safety walks, etc.)

2. Improving behaviour

- Understand the factors that influence behaviour
- Understand human error
- Understand risk perception
- Understand leadership styles
- Know how to link leadership and engagement

3. Communicate effectively

- Understand the impact of interference
- Take communication culture into account
- Know how to choose between different types of communication media
- Improve performance through feedback

4. Making OHS commitments

SAFETY CULTURE FRESK

VIEW ONLINE

BEGINNER

DURATION
3H30

LANGUAGES
French

FORMATS
On site

PRICE
On demand

TARGET AUDIENCE:

All employees

PREREQUISITES:

Proficiency in the language of instruction, written and spoken.

OBJECTIVES:

The Safety Culture Fresk is a fun, collaborative, and creative workshop that raises awareness of the importance of safety culture in the workplace.

- Be able to define what safety culture is and what it consists of.
- Discover new concepts and new tools.
- dentify areas for improvement within the organization.

ACTIVITY OVERVIEW

A set of 66 cards to create a map based on our QHSE experience.

Fresque de la culture sécurité

PURPOSE

- **Understanding the issues**: Enabling everyone to understand the scope and complexity of the issues related to safety culture.
- **Understanding my responsibility**: Enabling everyone to understand the impact of their behaviour and actions on the company's overall safety performance.

LEARNING OBJECTIVES

Safety culture is a multidimensional concept that encompasses the values, attitudes, perceptions, and behaviours of individuals within an organisation.

- **Strengths and weaknesses**: Identify the company's strengths and areas for improvement in terms of safety and encourage reflection and critical analysis of practices.
- **Individual Responsibility**: Emphasize everyone's responsibility in building a high-performing safety culture.
- **Leadership Exemplaire** : présenter les principes d'un leadership exemplaire en matière de sécurité.
- **Awareness**: Understand the existing QHSE system and the importance of each element as the foundation for a safer work environment.

RESULT: AN ACTION PLAN

Identify your organization's strengths and areas for improvement. You will then draw up an action plan that can be implemented immediately!

SAFETY DAY

BEGINNER

DURATION
1 day.

LANGUAGES
French

FORMATS
On site

PRICE
On demand

TARGET AUDIENCE:

All employees

PREREQUISITES:

Proficiency in the language of instruction written and spoken.

OBJECTIVES:

- Placing prevention at the heart of the company's priorities for one day.
- Raise awareness among all employees in a friendly atmosphere.

AEGIDE International can help you organize a Safety Day that suits your needs.

The main idea is to use a relaxed approach to convey safety messages. We can come directly to your company or to an external location that we can choose together based on your expectations and objectives.

Available workshops

- Escape Game - The Mistake
- Risk perception
- Vigilance - Live My Life
- Exemplarity - Video Shooting
- Virtual Reality HSE
- Risk Quiz - Assess your priority
- Quiz - Road Safety
- In the shoes of a victim
- Mobile climbing wall
- Psychotropic drugs
- Vigilance - The importance of looking
- First aid - Defibrillator
- The 7 dangerous energies
- Psychosocial risks
- IT security
- Gestures and postures
- Theater Troupe

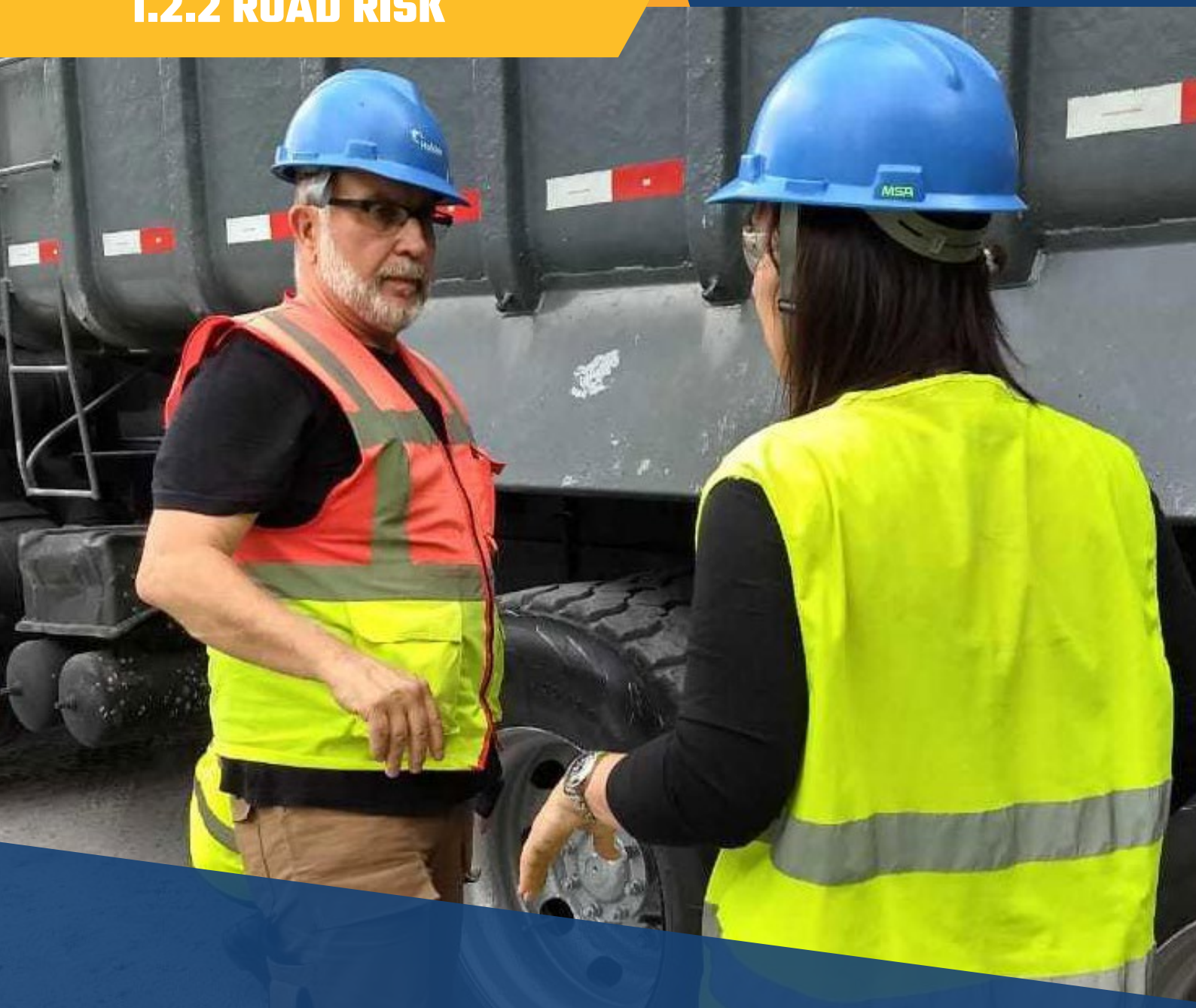
DOWNLOAD THE GUIDE

OTHER TRAINING COURSES AVAILABLES ON THE SHELF

- Life-saving techniques
- Fire risk.
- MSDs - Musculoskeletal disorders
- QWL - Quality of life at work
- RPS - Psychosocial risks
- Confined spaces
- Working at height
- Operating machinery
- Lifting (slinger operator, rigger, supervisor)
- ATEX
- Diisocyanates
- ...

We can also design training programmes based on your specific needs and standards. Our training experts are at your disposal to help you achieve your educational and operational objectives.

1.2.2 ROAD RISK



Road risk training courses are only available as in-house training. All these modules are also available as Train-the-Trainer courses.

PROGRAM:

- Classroom theory lessons
- Practical demonstrations in the field
- Theoretical assessment (quiz)
- Assessment of techniques for facilitating a theoretical and practical presentation

TEACHING METHODS:

- Demonstrative
- Interrogative
- Discovery

ROAD RISK

METHOD
E-SPACE

OUR TRAININGS IN ROAD RISKS

We support you in improving your road safety performance and enhancing road risk management practices within your company.
Adopt responsible driving for safer roads!

OBJECTIVE OF OUR DRIVING TRAINING

- Contribute to **safe road practices** where you operate.
- **Reduce the number of accidents** and fatalities on the road.
- Manage and optimize fleet **operating costs**
- **Protect the value** of your fleet and associated assets.

EVALUATE
SCAN
PREDICT
ADJUST
COMMUNICATE
ESCAPE

BEHAVIOURAL DEFENSIVE DRIVING Light Vehicle

BEGINNER

DURATION
2 days (14h)

LANGUAGES
French
English
Arabic

FORMATS
In class
Intra company
Theory/Practical

PRICE
On demand

FORMATION DE CHAUFFEUR

TARGET AUDIENCE:

Any person who holds a driving license and uses their personal or company vehicle for commuting and/or business travel.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken.
Hold a valid driving license (cat B) + driving experience.

OBJECTIVES:

- Become aware of road risks.
- Identify the factors influencing driving behaviour.
- Apply «ESPACE» behavioural driving techniques.
- Practice guided driving (behind the wheel) according to the criteria of the «e-space» method.

TRAINING CONTENT

1. Introduction

- Definitions
- Scope of the problem
- Accidents and impacts
- Regulations and company policy

2. Raising awarness of road risks

- Accidents: a dreaded event
- Danger, risk, and consequences
- Understand the factors that influence probability and severity

3. Identifying accident factors

- Definitions
- Behavior
- Forces involved
- Stopping time

4. The method for reducing road risk

- Assess the driver, the vehicle, and the route
- 360° scan
- Anticipate undesirable events
- Adjust your driving
- Communicate with others
- Avoid risk

5. Practical session - guided driving in real-life situations

- Evaluation of each participant
- Demonstration of guided - driving method by the instructor
- Guided driving exercises
- Evaluation and debrief for each participant

BEHAVIOURAL DEFENSIVE DRIVING Heavy Vehicles

BEGINNER

DURATION
2 days (14h)

LANGUAGES
French
English
Arabic

FORMATS
In class
Intra company
Theory/Practical

PRICE
On demand

DRIVER TRAINING

TARGET AUDIENCE:

Anyone involved in heavy goods vehicle transport.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken.
Hold a valid heavy goods vehicle license + driving experience.

OBJECTIVES:

- Lead a CDC PL theoretical training course
- Demonstrate your expertise in defensive truck driving

TRAINING CONTENT

Chapter 1

- Pre-departure inspection

Chapter 2

- The various mechanical components of the powertrain chain

Chapter 3

- Manoeuvring with a semi-trailer (coupling/uncoupling)

Chapter 4

- Different risk situations and appropriate responses

Practical section

- Commentated driving demonstration
- Commentated driving
- Inspection, braking, and manoeuvrability exercises
- Evaluation and debriefing of participants

BEHAVIOURAL DEFENSIVE DRIVING 4X4

BEGINNER

DURATION
2 days (14h)

LANGUAGES
French
English
Arabic

FORMATS
In class
Intra company
Theory/Practical

PRICE
On demand

FORMATION DE CHAUFFEUR

TARGET AUDIENCE:

Anyone with a driver's license, executives, managers, drivers, employees who use a 4x4 for work or to commute to work, long-term contract holders.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken.
Hold a valid driving license (cat B) + driving experience.

OBJECTIVES:

- Identify the characteristics of 4x4s and their applications off-road.
- Drive a 4x4 safely according to the circumstances.
- Understand the specific characteristics of different terrains and their implications t 4x4 driving.
- Know how to get out of a stuck situation (towing and winching).
- Master practical exercises off-road.

TRAINING CONTENT

Introduction

- Definitions

Chapter 1

- Mechanical and technical characteristics
- Behavior in Situations

Chapter 2

- Driving techniques, safety manoeuvres
- Specific driving on roads, sand, snow, tracks, and in mud

Chapter 3

- Maintenance and safety

Chapter 4

- Getting stuck
- Towing
- Winching

Practical session

- Demonstration of 4x4 techniques
- Exercises applying 4x4 techniques
- Evaluation and debriefing of participants

BEHAVIOURAL DEFENSIVE DRIVING BUS

BEGINNER

DURATION
2 days (14h)

LANGUAGES
French
English
Arabic

FORMATS
In class
Intra company
Theory/Practical

PRICE
On demand

DRIVER TRAINING

TARGET AUDIENCE:

Anyone involved in road transport by bus.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken. Hold a valid bus driver's license + driving experience.

OBJECTIVES:

- Check your vehicle before driving
- Understand the functions of mechanical components
- Learn driving techniques
- Adopt the right behaviours in different dangerous situations
- Know the safety rules for transporting people
- Master practical exercises in the field

TRAINING CONTENT

Introduction

- Accident analysis and vehicle types

Chapter 1

- Pre-departure inspection

Chapter 2

- The different mechanical components of the powertrain chain

Chapter 3

- Different driving techniques

Chapter 4

- Different risk situations and reactions

Chapter 5

- Safety rules, passenger evacuation

Practical part

- Commented driving demonstration
- Commented driving
- Inspection, braking, manoeuvrability, and evacuation exercises
- Evaluation and debriefing of participants

1.2.3 RENEWABLE ENERGY

In partnership with our subsidiary 8.2 Advisory

HSE FUNDAMENTALS

BEGINNER

DURATION
1 day (7h)

LANGUAGES
French
English

FORMATS
In class
Distance learning
Intra company

PRICE
On demand

TARGET AUDIENCE:

Anyone working in the wind power sector.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken.

OBJECTIVES:

- Ensure the safety of personnel during activities related to wind turbines.
- Ensure hazards are controlled and adopt appropriate safety practices.

TRAINING CONTENT

1 General principles
- The individual, attitude and behaviour
- Personal considerations
- Alcohol and drugs, medication
- Communication skills and means of communication
- Incident reports and investigations
- Emergency procedures
- Warning sign
- Road transport
- Staff facilities
- Site maintenance

2 Access and ergonomics
- Slips and trips
- Workstation and ergonomics
- Working at height
- Tight and confined spaces

3 Control of energy sources
- Electrical energy
- Mechanical energy
- Potential energy
- Hazardous materials
- Energy source management

4 Personal protective equipment

5 Health and hygiene
- Biological and chemical hazards
- Hygiene
- Meteorology and extreme temperatures
- First aid

6 Environmental protection and fire safety
- Environmental protection
- Fire safety

7 Ground transport
- Travel management
- Construction phase
- Weather conditions
- Road signage
- Means of communication

8 Maritime and air transport
- Maritime and air transport management
- Weather conditions

FOUNDATIONS OF ONSHORE WIND ENERGY

BEGINNER

DURATION
2 days (14h)

LANGUAGES
French
English

FORMATS
In class
12 trainees max.
Intra company

PRICE
On demand

TARGET AUDIENCE:

Anyone working in the wind power sector.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken

OBJECTIVES:

- Understand the main components of a wind turbine and the associated risks of failure.
- Understand the operational performance indicators of a wind farm.
- Know the main industrial and administrative players involved in wind farm management.
- Know the main HSE tasks of a wind farm asset manager.
- Plan regulatory and asset management inspections.

TRAINING CONTENT

Module 1: Wind turbine operation and major components

Module 2: Wind turbine control systems

Module 3: Blades, construction, aging, and inspections

Module 4: Wind turbine drive train, drive train components, and points of attention

Module 5: Onshore foundations

Module 6: Role of the asset manager.

Module 7: Gearboxes inspection and video endoscopy

Module 8: Performance indicators and SCADA data analysis

Module 9: Extending operational life and fatigue calculations

On-site practical training option: please contact us

FOUNDATIONS OF OFFSHORE WIND ENERGY

BEGINNER

DURATION
2 days (14h)

LANGUAGES
French
English

FORMATS
In class
12 trainees max.
Intra company

PRICE
On demand

TARGET AUDIENCE:

Anyone working in the wind power sector.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken.

OBJECTIVES:

- Identify the main risks and issues related to offshore wind turbine maintenance.
- Recognise the inspections required for the different parts of the wind turbine (blades, nacelles, towers, foundations) and understand their importance.
- Apply safety rules for accessing offshore sites.
- Effectively manage HSE documentation in compliance with legal and operational requirements.
- Characterize and assess the criticality of identified defects on offshore wind turbines.

TRAINING CONTENT

Module 1 - Understanding the basics of offshore wind power:

- Explain how wind turbines work, and the key concepts related to energy production.
- Identify the specific characteristics of offshore wind turbines compared to onshore ones.

Module 2 - Familiarizing yourself with components and design:

- Describe the different components of an offshore wind turbine (rotor, nacelle, tower, foundations).
- Identify the different types of inspections required.

Module 3 - Explore the life cycle of an offshore project:

- Understand the main stages of an offshore project: preliminary studies, design, construction, operation, and dismantling.
- Identify the stakeholders involved (developers, engineers, certification bodies, etc.).

Module 4 - Understanding environmental and regulatory specificities:

- Understand the environmental impacts associated with offshore projects and mitigation measures.
- Learn about the standards and regulations in force in the offshore wind industry.

Module 5 - Understand maintenance and safety issues:

- Understand the challenges associated with offshore wind farm maintenance (access, weather conditions).
- Identify best practices for safety on an offshore site.
- Defect management
- Repair assessment and expertise

1.2.4 OIL & GAS

In partnership with our subsidiary Dolfines Abu Dhabi

RIG INTEGRITY WORKSHOP

ADVANCED

DURATION
5 days (35h)

LANGUAGES
English
French

FORMATS
In class
Intra company

PRICE
On demand

TARGET AUDIENCE:

Drilling engineers, drilling supervisors, HSE engineers & Advisors, Drilling Supervisors, Maintenance engineers & supervisors (Electrical & Mechanical).

PREREQUISITES:

Be able to read and write in English. Working in the Oil & gas industry.

OBJECTIVES:

- Introduction to International Standards with regards to drilling equipment.
- Improve your knowledge regarding drilling equipment.
- Improve your ability to identify hazards at the worksite.
- Improve HSE at Rig site.
- Be able to advise on maintenance performance of the Drilling Equipment.

COURSE CONTENTS

Syllabus:

Day 1

- Entrance Questionnaire
- Drilling Industry standards (API, ASTM, NACE, ASME,
- ANSI, CE Marking, ISO etc.)
- Rig Documentation review (COC, CATIII, CATIV, Register, etc.)
- Contractor's PMS audit (PM tasks, spare parts, etc.)

Day 2

- Structures (mast, casing stabbing board, substructure, derrick finger board, etc.)
- Drilling equipment (rotary table, DCR, etc.)
- Lifting and rotation (Crown Block, TDS, travelling block, etc.)

Day 3

- Marine systems (ballast, bilge, positioning systems, communications, etc.)
- Power plant (engines, generators, watermakers, compressors, etc.)
- Electrical equipment (AC motors, VFD, SCR, Ex equipment, etc.)

Day 4

- Well control (BOP, Choke&kill, Diverter, accumulators, hydraulic unit, etc.)
- Mud system (mud pumps, mixers, etc.)

Day 5

- Control systems (ACS, communication, CCTV, etc.)
- HSE (safety devices, HSMS, fire systems, etc.)
- Lifting (DROPS, cranes, winches, etc.)
- Acceptance testing
- Electrical equipment (AC motors, VFD, SCR, Ex equipment, etc.)

Dolfines

DRILLING RIG INTAKE

ADVANCED

DURATION
5 days (35h)

LANGUAGES
English
French

FORMATS
In class
Intra company

PRICE
On demand

TARGET AUDIENCE:

Drilling Managers and Drilling Superintendents.

PREREQUISITES:

Be able to read and write in English.
Working in the Oil & gas industry.

OBJECTIVES:

- This course will give you a complete understanding of the challenges associated to the management of costs and schedule of a rig intake program.

COURSE CONTENTS

Day 1

Inspections of drilling rigs and assessment of equipment condition (storage conditions, review of latest rig certifications, obsolescence management).

Day 2

Drawing up a work plan for returning the drilling rig to service, based on the IADC equipment list and inspection reports.

Day 3

Evaluate the duration and budget for reactivation, start-up and operation, including the necessary documentation and operational procedures.

Dolfines

WELL CONTROL EQUIPMENT AND REGULATION

ADVANCED

DURATION
5 days (35h)

LANGUAGES
English
French

FORMATS
In class
Intra company

PRICE
On demand

TARGET AUDIENCE:

Junior Drilling Engineers or Junior Supervisors.

PREREQUISITES:

Be able to read and write in English.
Working in the Oil & gas industry.

OBJECTIVES:

- Be prepared to successfully pass the equipment module of the well control courses.

COURSE CONTENTS

Syllabus:

Day 1

- Well control procedures
- Equipment testing frequencies
- Applicable Regulations and standards
- Review of FAQ on procedures and regulations

Day 2

- BOP equipment
- Choke and Kill lines
- Choke manifold
- Connections and Gaskets
- Review of FAQ on equipment..

Day 3

- Accumulator unit
- Remote control
- Failure detections and interventions

Day 4 - SUBSEA (optional)

- Regulation and specificities (test frequency, response time, pressure accumulators, etc.)
- Equipment (Connectors, BOP stack, LMRP, Riser elements, Diverter)
- BOP Accumulators and control systems
- Introduction to the MPDD

Dolfines

1.2.5 E-LEARNING

E-LEARNING

NEBOSH IGC

CERTIFYING
ADVANCED
FRANCE TRAVAIL

DURATION
Approx. 105 hours

LANGUAGES
French

FORMATS
E-learning

PRICE
1500 € VAT incl.
Inter.
Price on request for Intra.

TARGET AUDIENCE:

Anyone who has a role to play and responsibilities in health and safety in their profession and wants to be recognized globally for their understanding and knowledge of these topics. This training is also suitable for those starting HSE career in France and/or internationally.

PREREQUISITES:

Basic knowledge of occupational health and safety and risk prevention in the workplace. Proficiency in the language of instruction, written and spoken

OBJECTIVES:

- Understand the fundamentals of an Occupational Health and Safety Management System.
- Understand your role and responsibilities in an Occupational Health and Safety Management System.
- Understand the hazards associated with your industry and workplace.
- Understand the principles and preventive measures of occupational health and safety prevention.

nebosh
LEARNING PARTNER
GOLD 1050

COURSE CONTENTS

The NEBOSH International General Certificate training is divided into two units: IG1 and IG2. Each unit will be evaluated separately

IG1: Management of international health and safety

Syllabus:

- Why we should manage workplace health and safety
- How health and safety management systems work and what they look like
- Managing risk – understanding people and processes
- Health and safety monitoring and measuring

IG2: Risk assessment

Syllabus:

- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workplace issues
- Work equipment · Fire
- Electricity

Examination / validation:

IG1: Open book remote questionnaire (OBE-Open book examination) - 24 hours to give the exam - approx. 4 hours of personal work. Approx. 10 (open) questions that can be broken down into several sub-questions.
IG2: practical risk assessment: to be carried out no later than 7 days after the OBE. Part IG1 must also have been followed.

THEORETICAL CONTENT IN STANDARDISED FRENCH

The theoretical content remains the same as that taught during the face-to-face or instructor-led distance learning sessions.

OPTIONAL: IG1/IG2 REVISION DAY

Presentation of the IG1/OBE & IG2 examination process, role-playing exercises, generic exercises

AUTONOMY, FLEXIBILITY AND PROGRESS MONITORING

Complete freedom of training implementation for both employer and employee through a powerful tracking platform.

NEBOSH OFFICIAL EXAM AND CERTIFICATION

After validation of the courses, official exams validating the IG12 and IG2 modules in order to obtain the international certification.

E-LEARNING

PREVENTION OFFICER

VIEW ONLINE

BEGINNER

DURATION
App. 10 hours

LANGUAGES
French

FORMATS
E-learning

PRICE
490 € VAT incl.

TARGET AUDIENCE:

Anyone who has responsibilities in the company's health, safety and sustainable development approach. Everyone who assist the employer in matters of health and safety in the workplace.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken

OBJECTIVES:

Acquire the knowledge necessary to carry out risk protection and prevention activities within the company.

COURSE CONTENTS

1. Occupational risk management (4 modules)

- Understand the issues and players involved in risk prevention
- Professional risk prevention approach
- Human factors that can have an impact on safety
- Prevention plan

2. Risks (14 modules)

- Fire risk
- Raising awareness of electrical hazards
- Chemical risk prevention
- Prevention of biological risks
- Prevention of falls from height
- Risks associated with the movement of people in the workplace
- Prevention of road risks
- MSD prevention: movements and postures
- Screen work
- Prevention of noise-related risks
- Psychosocial risks / stress in the workplace
- Hygiene in the workplace
- ATEX
- Security in the workplace.

3. Personal Protective Equipment (1 module)

- PPE: Safe working for employees

4. React and intervene (2 modules)

- Accidents in the workplace.
- Reacting and intervening to re-establish appropriate behaviour

ASSESSMENT

- Quiz to validate knowledge at the end of each module
- Certificate for each module
- Training certificate and overall transcript at the end of the course

E-LEARNING

AUDIT TECHNIQUE

VIEW ONLINE

BEGINNER

DURATION
Approx. 1 hour

LANGUAGES
French
English

FORMATS
E-learning

PRICE
On demand

TARGET AUDIENCE:

Anyone who wish to learn audit techniques.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken

OBJECTIVES:

- Ensure knowledge of the conditions and requirements of the auditing profession.
- Help future auditors define their role and the expected approach.
- Acquire the techniques and operational methods to conduct audits effectively.

TRAINING CONTENT

1. Introduction

- What is an audit?
- Key definitions

2. Audit methodology training

- Qualities of an auditor
- Auditor behavior
- Attitudes
- Audit techniques

3. Audit preparation

- How an audit is conducted
- Defining the audit objective
- Defining the audit scope
- Considering the organisation
- Creating the audit plan

4. The audit

- Opening meeting
- The survey
- Preparing the audit conclusions
- Closing meeting

5. Analysis and feedback

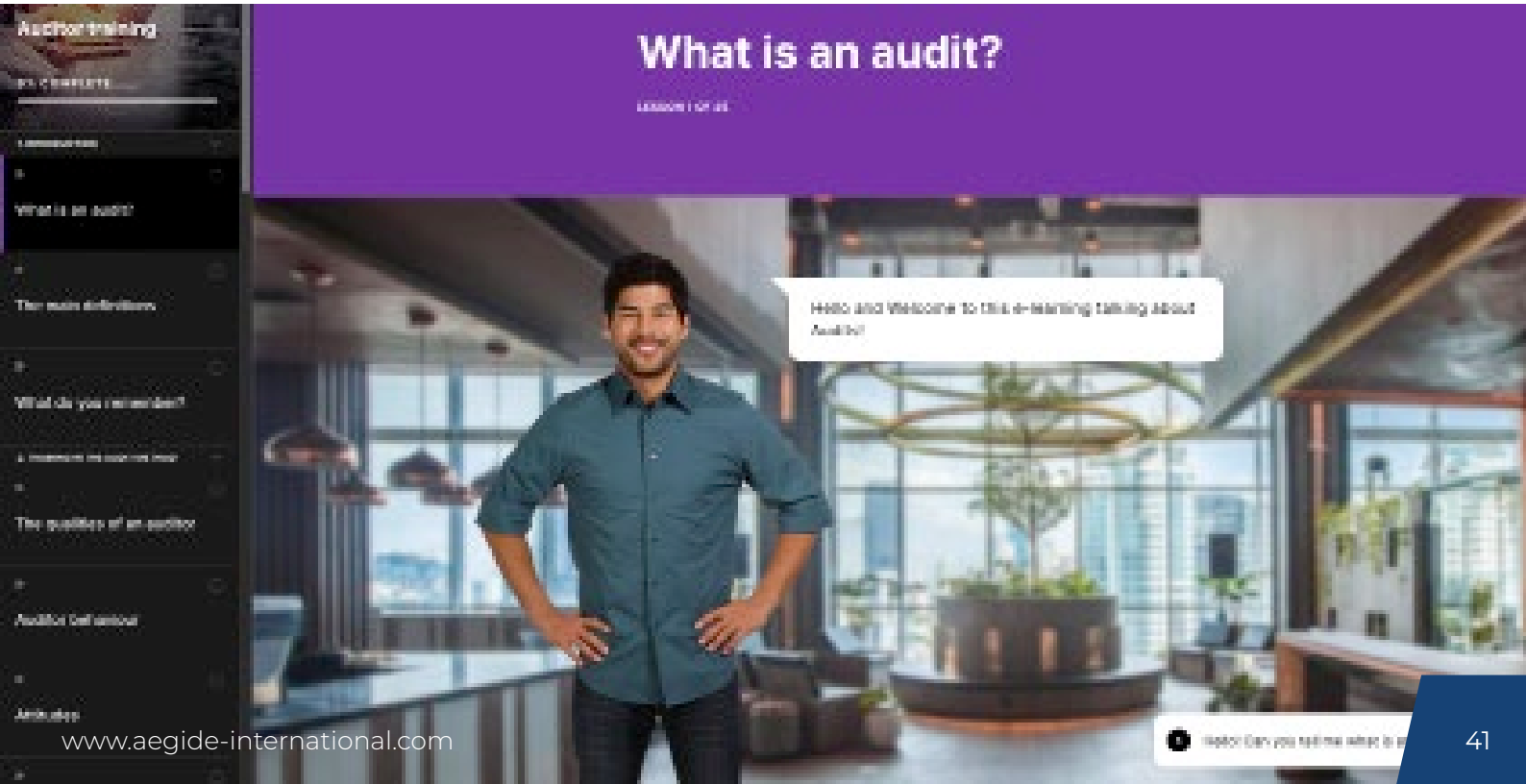
- The audit report
- Audit follow-up

6. Auditees behaviour

- How to manage auditees?

7. Final quiz

- Final quiz



E-LEARNING

TEACHING TECHNIQUES FOR TRAINERS

BEGINNER

DURATION
45 min. approx.

LANGUAGES
French
English

FORMATS
E-learning

PRICE
On demand

TARGET AUDIENCE:

Anyone wishing to be introduced about the trainer's teaching techniques

PREREQUISITES:

Proficiency in the language of instruction, written and spoken

OBJECTIVES:

- To help future trainers define their role and the expected approach
- Present guidelines in terms of facilitation,
- Propose tools and methods.

TRAINING CONTENT

1. Introduction
2. Learning channels
3. Types of trainees
4. The trainer
5. The classroom
6. Training materials/resources
7. Starting a training session
8. Leading a training course
9. Ending a training course
10. Final quiz

E-LEARNING

BEHAVIOURAL DEFENSIVE DRIVING

BEGINNER

DURATION
1H approx.

LANGUAGES
French

FORMATS
E-learning

PRICE
On demand

TARGET AUDIENCE:

All of your employees.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken

OBJECTIVES:

This e-learning course aims to present drivers, as well as passengers in a vehicle, with the appropriate behaviors and good attitudes to adopt during road journeys. Ultimately, the main objective is to reduce the number of road accidents.

TRAINING CONTENT

1. Behavioral defensive driving - Introduction
2. Reaction and anticipation times
3. Seeing and being seen
4. Imagine and check
5. Safety distances
6. Assessing the driver's abilities
7. Assessing the vehicle's capabilities
8. Conclusion
9. Final Quiz

OUR OTHERS E-LEARNING

BEGINNER

DURATION
Consult us

LANGUAGES
French

FORMATS
E-learning

PRICE
On demand

TARGET AUDIENCE:

All of your employees.

OBJECTIVES:

Please contact us.

PREREQUISITES:

Proficiency in the language of instruction, written and spoken

ALL THEMES AVAILABLE ON THE SHELF

- General safety
- Safety management
- Fire risk
- Musculoskeletal disorders
- Electrical risks
- Lifting / Handling / Machinery
- Road risk
- Chemical risks / CMR / Asbestos
- Psychosocial risks and Quality of Life at Work
- Work-life balance
- Biological risks
- Sustainable development
- Work-related stress
- Security

2. DEVELOPMENT OF CUSTOMIZED TRAINING MODULES

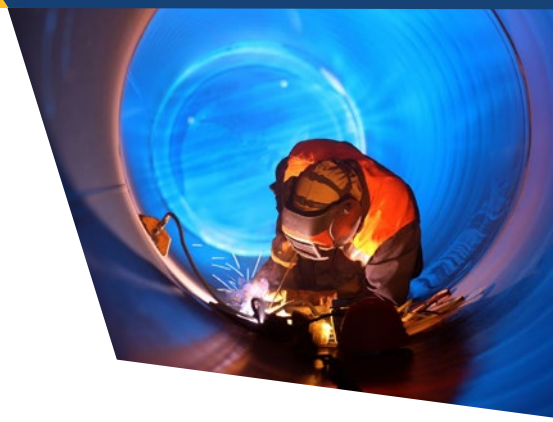
TAILOR-MADE TRAINING

WHAT ARE THE ADVANTAGES OF IMPLEMENTING A TAILOR-MADE TRAINING PROGRAM?

- **TAILORED TO YOUR SPECIFIC NEEDS**
  Designed to meet the specific needs and objectives of your company or organization, they enable you to solve the problems you face more effectively
- **ORGANIZATIONAL FLEXIBILITY**
  Can be organized according to your schedule and availability, to minimise disruption to your daily work
- **COST OPTIMIZATION**
  More cost-effective than standardized training, because you only pay for the skills and knowledge you need.
- **ENGAGEMENT ET MOTIVATION**
  More appealing than standardized courses, as they are designed to be relevant and useful for your company or organization.

Our training expertise has also taught us that lasting behavioral change occurs when training enables learners to apply abstract safety skills to real-life work contexts.

TAILOR-MADE TRAINING



INCREASE THE IMPACT OF YOUR TRAINING INITIATIVES BY FOCUSING ON THE SPECIFIC RISKS AND HSE CHALLENGES OF YOUR COMPANY.

We design **training programs aligned with your business objectives** to drive measurable behavioral change. Our approach ensures that learners can apply abstract safety skills to **real-world professional contexts.**

Drawing on a comprehensive library of adaptable content in the fields of quality, health and safety, road safety, renewable energy, and oil and gas, we offer **tailor-made, high-quality training solutions that are both effective and rapidly deployable.**

STEP BY STEP

1. NEEDS ASSESSEMENT

We begin by identifying the client's objectives, challenges, and skills gaps. This ensures that the training program addresses actual priorities.

2. IN-DEPTH ANALYSIS

A thorough review of practices, resources, and stakeholder contributions forms the basis for a relevant and effective program.

3. PROGRAM DESIGN

We create a customized structure with engaging content and practical methods to maximize learning and application..

4. ADAPTATION OF SUPORTS

Training materials are customized to reflect the client's culture, language, and industry, making them directly relevant.

5. DEPLOYMENT AFTER VALIDATION

After validation by the client, the program is delivered in the chosen format, ensuring smooth implementation and measurable results.

aegide INTERNATIONAL

3. TRAIN THE TRAINER PROGRAMS

TRAIN THE TRAINER

Because being an HSE expert is not enough to be a good trainer, our team trained in educational engineering will put their expertise to work for your employees, who will also become real training experts!

INFO

All our training courses available in train-the-trainer format!

Contact us to design your Internal Referent training path

BENEFITS AND ADVANTAGES

BENEFITS FOR YOUR COMPANY

- **Internalize** resources.
- **Develop** and **retain** employees.
- Increase **freedom and flexibility** within your organization.
- Facilitate **skills management**.
- Have **internal resources** allowing you to adapt training to your business.
- **Reduce** external training **costs**.

BENEFITS FOR YOUR EMPLOYEES

- Boost team **motivation** and **satisfaction**.
- Improve employee **autonomy**.
- **Support and assist** your employees in their careers.

Becoming a trainer means mastering teaching techniques in order to share your knowledge and expertise on specific HSE topics.

TYPICAL COURSE

1. Teaching techniques (e-learning).
2. Presentation and validation of the theoretical part of the training module (face-to-face).
3. (If there is a practical part) Presentation and validation of the practical part of the training module.
4. Theory facilitator. Practical assessor.
5. Training module instructor certification (valid for 3 years).

CONTACT US

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aegide INTERNATIONAL

Guide 2026

TRAINING AND DEVELOPMENT

By Aegide International

nebosh LEARNING PARTNER GOLD 1050

iosh Approved training provider 4081

www.aegide-international.com

Qualiopi processus certifié

RÉPUBLIQUE FRANÇAISE

La certification qualité a été délivrée au titre de la catégorie d'action suivante :

ACTIONS DE FORMATION