



Occupational Risk
“ management

Guidebook QHSE TRAINING 2025



LEARNING
PARTNER
GOLD 1050



Approved
training
provider
4081



ROSPA
Member

Qualiopi
processus certifié

REPUBLIQUE FRANÇAISE

La certification qualité a été délivrée
au titre de la catégorie d'action suivante :

ACTIONS DE FORMATION

www.aegide-international.com

EDITO

Continuous training is a powerful and effective driver of change.

As well as increasing the skills of employees who make rapid progress in a given field or obtain certification recognised by the profession, training is synonymous with productivity for the company. It represents a long-term investment in operational excellence and corporate performance.

Elise MARIN

*Business Line Manager
Training Department*

Why choose Aegide International?



EXPERTISE

Our training courses are regularly updated to meet companies' needs in terms of innovation and standards.



QUALIFICATION

Our trainers are all nationally and/or internationally recognised. They are selected on the basis of their teaching and technical skills.



OFFER

All our in-company courses can be adapted for intra-company use. Our partnerships enable us to offer international certificates recognised by the profession.



FUNDING

Aegide International is approved by the public bodies responsible for funding professional training.



SPIRIT OF SERVICE

Our team is here to listen to you and advise you on the courses best suited to your needs. Our courses, which are limited to 12 participants, are given in fully equipped classrooms to guarantee optimum learning conditions.

Interactive PDF!

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HSE TRAINING, a lever for operational performance.

From **HSE management** training to **technical risks** training, including **risks specific** road transport, **our HSE training programmes enable you to:**

- ✓ Raising your teams' awareness of occupational hazards
- ✓ Assessing skills and knowledge
- ✓ Developing risk management skills
- ✓ Improve and perfect staff safety practices
- ✓ Promote the development of a Safety Culture
- ✓ Protecting the lives of your employees



ACCREDITATIONS

We offer health, safety and environmental qualifications accredited by internationally recognized certification bodies.



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Our certified training courses are highly respected and appreciated in all industries and around the world. Whether you are looking to enhance your professional profile or are looking for a company-wide safety and environmental development program, our training courses will help you improve your personal skills and those of your employees.

Recommendation rate



Overall satisfaction rate



IN FIGURES



30 years'
experience



25000+
trainees



1100+ companies,
public authorities & States

TAILOR-MADE



WHAT ARE THE ADVANTAGES OF TAILOR-MADE TRAINING?

- ▶ Tailored to your **specific needs**
- ▶ Organizational **flexibility**
- ▶ **Cost** optimization
- ▶ **Commitment** and **motivation**

Our training expertise has also taught us that lasting behaviour change occurs when training enables learners to apply abstract safety skills to real-life work contexts.

THE STEPS

1.**ASSESSING
NEEDS****2.****IN-DEPTH
ANALYSIS****3.****PROGRAM
DESIGN****4.****ADAPTING
MATERIALS****5.****DEPLOYMENT
AFTER
VALIDATION BY
THE CUSTOMER**

TRAIN THE TRAINER

Because being an HSE expert is not enough to be a good trainer, our team trained in pedagogical engineering will put its know-how to work for your employees, who will also become real training experts!

INFO

In this guidebook, you will find the training courses available in the «Train the trainer» version via this badge:



TRAIN THE TRAINER

BENEFITS AND ADVANTAGES

BENEFITS FOR YOUR COMPANY

- ▶ **Internalize** resources.
- ▶ **Valuing** and **retaining** employees.
- ▶ Increase **freedom** and **flexibility** in your organization.
- ▶ Facilitate **skills management**.
- ▶ **Have in-house resources** enabling you to adapt training to your business.
- ▶ **Reduce** external training **costs**.

BENEFITS FOR EMPLOYEES:

- ▶ Stimulate team **motivation** and **satisfaction**.
- ▶ Improve employee **autonomy**.
- ▶ Support your employees in their **career growth**.

Becoming a trainer means mastering teaching in order to share knowledge and know-how on specific HSE topics.

TYPICAL TRAINING PATH

1.



Teaching techniques (E-learning).

2.



Presentation and validation of the theoretical part of the training module (face-to-face).

3.



(If there is a practical part)
Presentation and validation of the practical part of the training module

4.



Theory presenter
Practice assessor

5.



Trainer certification for the training module (valid for 3 years).

ROAD RISK



THE
SPACE ”
METHOD

OUR ROAD RISK TRAINING COURSES

We can help you improve your road safety performance and enhance your company's road risk management practices. Adopt responsible driving habits for safer roads.

OBJECTIVES OF OUR DRIVING COURSES

- ▶ Contribute to **safe road practices** where you operate.
- ▶ **Reduce the number of accidents** and deaths on the road.
- ▶ Optimise **fleet cost management**.
- ▶ **Protect the value** of your fleet and associated assets.

EVALUATE
SEE
PREDICT
ADJUST
COMMUNICATE
ESCOPE

FINDING YOUR WAY

Captions

CERTIFYING

Training courses accredited by national or international certification bodies, with certification issued on successful completion of the exam. A certificate of completion is also issued by Aegide International for all training courses.

ADVANCED

INTERMEDIATE

BEGINNER

Level of difficulty of the course. Some courses require knowledge or regulatory obligations necessary to follow the course. Please refer to the section on prerequisites for each course for more information.

FRANCE TRAVAIL

Courses eligible for funding by France Travail (excluding CPF).

TRAIN THE TRAINER

Training courses can be delivered in «Train the trainer» format. Please contact us for more details on how these courses can be run, depending on the subject chosen.

SEE ONLINE

Consult the information sheet directly on our website to access the inter-company calendar and request a quote.

TO BE CERTIFIED



Nebosh IGC - International General Certificate	11
Nebosh EMC - Environmental Management Certificate	12
Nebosh PSM - Process Safety Management	13
IOSH Managing Safely	14
IOSH Working Safely	15
ISEP - Foundation Certificate in Environmental Management	16
IRCA - Quality Audit Manager ISO 9001	17
IRCA - Environmental Audit Manager ISO 14001	18
IRCA - Audit Manager ISO 45001	19

 **DURATION**
10 days (70h)

 **LANGUAGES**
French
English

 **MODALITIES**
In class
Distance learning
Intra & Inter

 **PRICE**
2850 € VAT incl.

TARGET AUDIENCE:

Anyone who has health & safety roles and responsibilities in their job and wants to be worldwide recognized for their broad knowledge and understanding of these issues. Also suitable for those embarking on an HSE career.

PREREQUISITES:

Basic knowledge of occupational health and safety and risk prevention in the workplace. Be able to read and write in French (for training in French) or English (for training in English)

OBJECTIVES:

- Understand the fundamentals of an Occupational Health and Safety Management System.
- Understand their role and responsibilities in an Occupational Health and Safety Management System.
- Understand the hazards of your industry and workplace.
- Understand the principles and preventive measures of Health and Safety at Work.

COURSE CONTENTS

NEBOSH IGC the training is divided into two units: IG1 and IG2.

Each unit will be evaluated separately

WEEK 1

Unit IG1: Management of international health and safety (5 days)

Syllabus:

- Why we should manage workplace health and safety.
- How health and safety management systems work and what they look like.
- Managing risk – understanding people and processes.
- Health and safety monitoring and measuring.

WEEK 2

Unit IG2: Risk assessment (5 days)

Syllabus:

- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workplace issues
- Work equipment
- Fire
- Electricity

Examination / validation:

IG1: Open book remote questionnaire (OBE-Open book examination) - 24 hours to give the exam - approx. 4 hours of personal work. Approx. 10 (open) questions that can be broken down into several sub-questions.

IG2: practical risk assessment: to be carried out no later than 7 days after the OBE. Part IG1 must also have been followed.

Registration:

No later than 15 days before the start of the training.



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AVAILABLE IN E-LEARNING

- Theoretical content in standardized French.
- Autonomy, flexibility and progress monitoring.
- Nebosh Officials Examination and Certification.

1500€ VAT incl.



DURATION

5 days (40h)



LANGUAGE

English



MODALITIES

In class
Distance learning
Intra & Inter



PRICE

1890 € VAT incl.

TARGET AUDIENCE:

Anyone who has responsibilities for managing environmental issues as part of their work. The qualification is designed to be globally relevant and benefit companies in all industry sectors seeking to implement effective environmental management systems, increase positive environmental impacts, and reduce negative environmental impacts.

PREREQUISITES:

Be able to read and write in English.

OBJECTIVES:

- Understand a range of environmental issues in order to improve performance and reduce harm;
- Work with an environmental management system and contribute to continual improvement;
- Recognise environmental aspects and evaluate current controls;
- Support decision-making with ethical, legal, and financial arguments;
- Understand the links between your organisation's activities and wider environmental issue

COURSE CONTENTS

- Foundations in environmental management
- Environmental management systems
- Assessing environmental aspects and impacts
- Planning for and dealing with environmental emergencies
- Control of emissions to air
- Control of environmental noise
- Control of contamination of water sources
- Control of waste and land use
- Sources and use of energy and energy efficiency

Examination

Unit EMC1: Environmental management Open book examination

Unit EMC2: Assessing environmental aspects and associated impacts Practical assessment



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 **DURATION**
4 days (28h)

 **LANGUAGE**
English

 **MODALITIES**
In class
Distance learning
Intra only
4 pers. min.

 **PRICE**
1320 € VAT incl.

TARGET AUDIENCE:

Anyone from all over the world who work in process industries such as oil and gas, chemicals, plastics and pharmaceuticals. Ideal for managers, safety representatives and health and safety advisors working in process industries. This course is not designed for chemical and process safety engineers experienced in the specification, design and maintenance of process plants.

OBJECTIVES:

- This qualification aims to provide holders with the knowledge and understanding of process safety management to ensure that they can contribute to the effective management of process safety risks.
- This qualification builds on the understanding already gained by studying the NEBOSH International General Certificate in Occupational Health and Safety.

PREREQUISITES:

It is recommended that learners already have a basic knowledge of health and safety issues. Be able to read and write in English.

COURSE CONTENTS

PSM1 : Process Safety Management

1.1 Process safety leadership

- Process safety Management meaning
- Process safety leadership
- Organisational learning
- Management of change
- Worker engagement
- Competence

1.2 Management of process risk

- Establishing a process safety management system
- Risk management techniques used within the process industries
- Asset management and maintenance strategies
- Role and purpose and features of a permit-to-work system
- Safe shift handover
- Contractor managements

1.3 Process safety hazard control

- Operating procedures
- Safe start-up and shut-down
- Safety critical performance standards
- Utilities
- Electricity/static electricity
- Dangerous substances
- Reaction hazards
- Bulk storage operations

1.4 Fire protection and emergency response

- Fire hazards
- Fire and explosion control
- Dust explosions
- Emergency preparedness

Assessment:

Students are assessed by a 90 minutes, 40 Multiple choice questions examination. There is no practical evaluation to this qualification.

Registration:

No later than 15 days before the start of the training



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 **DURATION**
3 days (21h)

 **LANGUAGES**
French
English

 **MODALITIES**
In class
Distance learning
Intra & Inter

 **PRICE**
1080 € VAT incl.

TARGET AUDIENCE:

Managing Safely is a training for Managers and Supervisors of all organizations and all sectors.

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Assess and control risks and hazards.
- Provide a full understanding of your health and safety responsibilities.
- Investigate incidents.
- Measure your own performance against best practice.

COURSE CONTENTS

1. INTRODUCTION

- Why is it important to manage safely?
- What influence can you have on safety management?

2. ASSESSING RISKS

- What is a risk?
- What is risk assessment?
- How are risk assessments performed?

3. CONTROLLING RISKS

- How to reduce risk?
- How to choose the risk control measure to be used?

4. UNDERSTANDING RESPONSIBILITIES

- What does the law require of you?
- How does the law work?
- What are the key elements of a health and safety management system?

5. IDENTIFYING HAZARDS

- What are the common dangers?
- What can you do against common dangers?

6. INVESTIGATING ACCIDENTS AND INCIDENTS

- Why investigate incidents?
- How do incidents occur?
- How to conduct an incident investigation?

7. MEASURING PERFORMANCE

- Performance measurement, what is it?
- How to measure health and safety performance?
- What is an audit?

Assessment:

On-site Risk analysis (On-site when In-company)
MCQ examination at the end of the 3rd day

Registration:

No later than 5 days before the start of the training.



OPTION

Customisable training - IOSH standard + Your HSE standards

In collaboration with your company, we develop and deliver additional content specific to your company's HSE management system.

Using the IOSH standard, this training course explains and applies your own HSE standards. Your managers will understand the need for their involvement in improving your company's safety culture. All the modules can be supplemented with examples, figures, documents, policies, charters or particularities specific to your company.



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 **DURATION**
1 day (7h)

 **LANGUAGE**
French

 **MODALITIES**
Distance learning
Intra

 **PRICE**
On demand

TARGET AUDIENCE:

Anyone at any level, in any sector worldwide, who need a grounding in the essentials of safety and health. It gives everyone at work an understanding of why they must 'work safely' – and does it in an enjoyable way.

PREREQUISITES:

Be able to read and write in French.

OBJECTIVES:

- Understand the importance of working safely.
- Be able to differentiate between common hazards & risks.
- Be competent at identifying and controlling hazards & risks.
- Understand the importance of safety performance within the workplace and how to improve it.

COURSE CONTENTS

4 modules

- Module 1: Introducing working safely
- Module 2: Defining hazard and risk
- Module 3: Identifying common hazards
- Module 4: Improving safety performance

Completing the course will also ensure that employees as individuals and the company as a whole have the knowledge to comply with HSE legislation.

ASSESSMENT

The IOSH Working Safely course assessment is two-fold. There is a 10 question multiple-choice test and a practical hazard-spotting exercise, each of which lasts 15 minutes.



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 **DURATION**
5 days (40h)

 **LANGUAGE**
French

 **MODALITIES**
In class
Distance learning
Intra & Inter

 **PRICE**
1790 € VAT incl.

TARGET AUDIENCE:

Anyone who is starting out in environmental management, and want a solid foundation of environment and sustainability knowledge to build on.
Those who would like to gain Associate membership of ISEP.

PREREQUISITES:

Be able to read and write in French.

OBJECTIVES:

- Give learners a solid foundation in environment and sustainability with which to build their knowledge on.
- Cover a wide range of environment and sustainability principles.
- On completion the learner becomes eligible for Associate membership, giving them the AISEP suffix and the benefits of ISEP membership.

COURSE CONTENTS

- Implications of global trends for the environment, society, the economy and for organisations
- Sustainable business/governance principles
- Environmental principles
- Major policy and legislation
- Major tools, techniques, systems and practices to improve sustainability performance
- The role of innovation in developing sustainable products, services and solutions
- Data collection, analysis and evaluation
- Research and planning for sustainable solutions
- Effective communications and feedback
- Stakeholder engagement
- Tools and techniques to identify opportunities and risks
- Environmental and sustainability performance improvement

CERTIFICATION EXAMINATION (½ DAY)

A 1 hour open-book online multiple-choice exam, taken at the end of the course.

Registration:

No later than 15 days before the start of the training.



 **DURATION**
5 days (40h)

 **LANGUAGE**
French

 **MODALITIES**
In class
Intra & Inter

 **PRICE**
1980 € VAT incl.

TARGET AUDIENCE:

Anyone who is working in a quality management system, in all sectors of activity.
Prerequisites: knowledge of principles and concepts in Quality.

OBJECTIVES:

- Develop your ability to detect, formulate and return gaps,
- Deepen the knowledge of the standards of the ISO 9000 series,
- Refine your audit methodology,
- Have followed a training recognized by the IRCA and making it possible to become Auditor or Certification Audit Manager

PREREQUISITES:

Be able to read and write in French.
Knowledge of Quality principles and concepts.

COURSE CONTENTS

Day 1: CONCEPTS

- The principles of quality management systems.
- Define accreditation, certification, organizations involved and different types of audits.
- Understand the structure and requirements of the standard.
- Understand context and methods for analysis.
- Understand the process approach and develop knowledge about their representation.

Day 2: PREPARATION

- Establish the audit program
- Plan and prepare an audit

Day 3: CONDUCTION

- Conduct the audit
- Master the audit techniques
- Scenario by case studies on the various stages of the audit
- Master the writing of nonconformities

Day 4: CONCLUSION

- Return audit results
- Check corrective actions
- Set up follow-up audits
- Decide on corrective actions and improvement
- Prepare the audit report

Day 5:

REVISION QUIZ AND IRCA REGISTRATION (½ DAY)

- Review of previous days
- IRCA and registration of Auditor / IRCA Audit Manager

CERTIFICATION EXAMINATION (½ DAY)

This exam takes place on a table in the training room.

TO GO FURTHER

- OHSAS 18001 -> ISO 45001 Transition Training
- Internal Auditor Training

Registration:

No later than 1 month before the start of the course.

 **DURATION**
3 days (24h)

 **LANGUAGE**
French

 **MODALITIES**
In class
Intra & Inter

 **PRICE**
1440 € VAT incl.

TARGET AUDIENCE:

Anyone who is working in an environmental management system. This training is designed for experienced environmental management professionals wishing to benefit from international recognition and an environmental auditor status.

OBJECTIVES:

- Pass the IRCA end of training exam
- Develop your skills to detect, formulate and restore deviations
- Deepen your knowledge of the ISO 14000 series standards
- Improve your audit methodology
- Have followed a training course recognized by the IRCA and allowing to become Auditor or Audit Manager of certification

PREREQUISITES:

Participants will have to show that they have knowledge of management principles and concepts by completing a questionnaire on: The Plan, Do, Check, Act (PDCA) cycle, The relationships between the fundamental elements of management systems, The expected results of "an environmental management system, Knowledge of the requirements of ISO 14001, Knowledge of management system audits. Be able to read and write in French.

COURSE CONTENTS

Standards, principles, and definitions, ISO 14001

- Environmental standards
- Terms and definitions
- Context and leadership
- Planning relating to risks and opportunities on environmental aspects
- and their impacts regulatory and legal obligations
- Operational control supports
- Performance evaluation improvement

Process, audit schedule, checklist, preparation and implementation

- Audit of environmental management systems
- Planning checklist
- Prepare and carry out the audit
- Identify and write down non-conformities
- Regulatory obligations

Audit activities, performance (continued)

- Check corrective actions
- Set up follow-up audits
- Decide on corrective actions and improvement to prepare the audit report
- Case study

Review quiz, IRCA registration and exam

This exam takes place on a table in the training room.

Registration:

No later than 1 month before the start of the course.

 **DURATION**
3 days (24h)

 **LANGUAGE**
French

 **MODALITIES**
In class
Intra & Inter

 **PRICE**
1680 € VAT incl.

TARGET AUDIENCE:

Anyone who is working in an OHSAS 18001: 2007 occupational health and safety management system or an integrated QSE system wishing to update their knowledge of the requirements of the ISO 45001: 2018 standard and develop the transition plan for their SMS & ST.

OBJECTIVES:

- Understand the new structure of management systems based on Annex SL and the audit implications
- Know how to audit new requirements relating to the organization and its context, leadership, risks and opportunities, documented information
- Understand communication and worker participation requirements and how to audit them
- Adapt your audit techniques to new or modified requirements
- Maintain your registration with the IRCA if you are registered in version OHSAS 18001

PREREQUISITES:

Participants will have to show that they have knowledge of management principles and concepts by completing a questionnaire on: *The Plan, Do, Check, Act (PDCA) cycle *The essential elements of a management system and the interrelationship between management responsibility, policy, objectives, planning, implementation, measurement, review and continuous improvement. *The expected results of an occupational health and safety management system. *Knowledge of the requirements of ISO 45001 and commonly used OSH management terms and definitions, as defined in ISO 45001 *Training management certified CQI-IRCA ISO 45001 or equivalent. *Knowledge of management system audits. Be able to read and write in French.

COURSE CONTENTS

Day 1:

Standards, principles and definitions, the iso 45001 standard

Day 2:

Process, audit planning, audit checklist, preparation, implementation

Day 3:

Audit activities, realization, review quizzes, irca registration and examination

Certification exam (½ day)

This exam takes place on a table in the training room.

Inscription:

No later than 1 month before the start of the course

WITH A PARTICULAR FOCUS ON ...



Accident analysis21

DUERP - Single Occupational Risk Assessment Document22

Bowtie - Bow tie risk analysis23

NEW Safety Leadership24

Sexism, fight against discrimination25

 **DURATION**
2 days (14h)

 **LANGUAGES**
French
English

 **MODALITIES**
In class
Distance learning
Intra

 **PRICE**
On demand

TARGET AUDIENCE:

All staff: Management, RSES, INTERMEDIATE Management/ operations/studies staff/HSE engineers/HSE supervisor/Foreman, supervisory staff, operational staff.

OBJECTIVES:

- Discover the cause tree method and other less common methods.
- Be able to take part in an accident analysis group.

PREREQUISITES:

Be able to read and write in the training language.

COURSE CONTENTS

1. General

- Definitions
- Bird's pyramid
- Accident genesis
- The challenges of accident analysis
- Presentation of the method.

2. Basic principles

- The notion of fact
- The difficulties of objectivity
- The notions of fault and responsibility.

3. Information gathering/investigation approach

- The survey group
- The difficulties of the investigation
- The attitudes of the investigator
- The principles of the investigation.

4. Building the tree

- Construction methods
- Logical consistency check.

5. Formulation of curative and preventive measures

- Identifying potential accident factors
- Methodology for finding solutions.

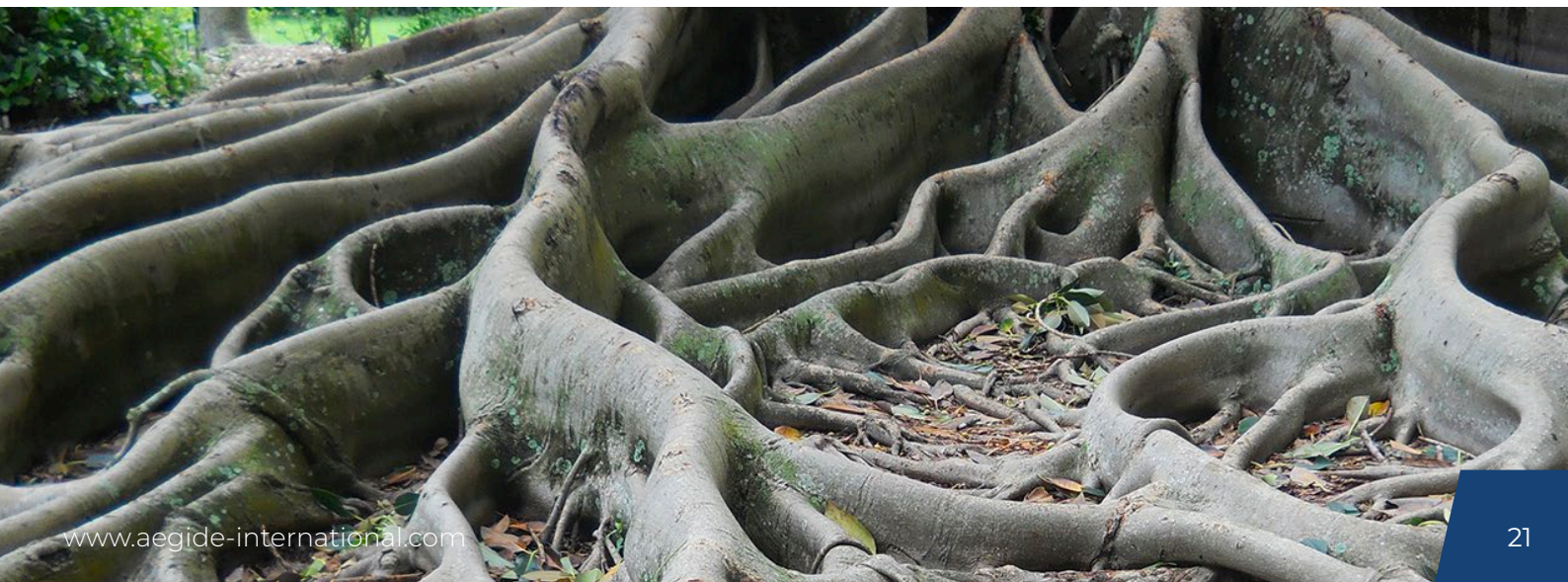
6. Accident report

7. Other analysis methods

In addition to the root cause methodology, this course covers other methodologies such as:

- Method 8D
- Topset
- Bowtie: Incident XP

8. Feedback



 **DURATION**
2 days (14h)

 **LANGUAGE**
French

 **MODALITIES**
In class
Distance learning
Intra & Inter
5/6 trainees

 **PRICE**
On demand

 TRAIN THE TRAINER

TARGET AUDIENCE:

All your employees.

PREREQUISITES:

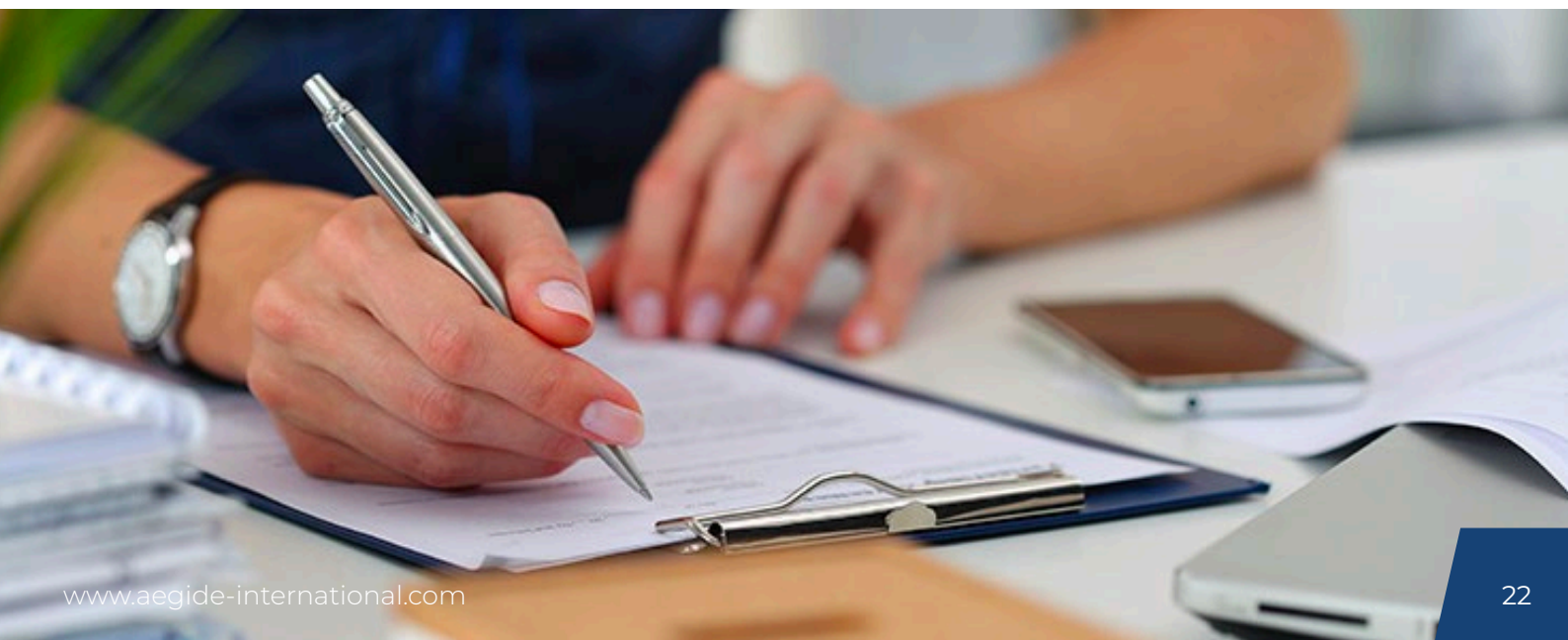
Be able to read and write in French.

OBJECTIVES:

- Know the main principles of risk prevention related to working conditions
- Identify and assess risks related to working conditions in the plant

COURSE CONTENTS

- Explain what a Risk Analysis and Single Document are
- Present important definitions
- Define a risk analysis
- Defining a single document
- Present the regulatory context
- Explain risk analysis methodology
- Introduce the risk analysis process
- Identify the elements to be included in the DUERP
- Analyze and revise existing single documents (in-house)



 **DURATION**
2 days (14h)

 **LANGUAGES**
French
English

 **MODALITIES**
In class
Distance learning
Intra & Inter

 **PRICE**
On demand

 TRAIN THE TRAINER

TARGET AUDIENCE:

Management (Managers, Heads of Department, etc.)/Site HSE Managers (RSEs)/Designers/ Intermediate management (Supervisors – HSE, maintenance, production and operations superintendents) / HSE engineers / Site management personnel / Foremen.

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Be able to identify and organise «Top Events»;
- Be able to construct diagrams.
- Be able to use the BowTie method to define specifications.
- Be able to use BowTie XP software to design diagrams, link the management system (procedures, activities, actions, responsibilities), report, communicate, etc.

COURSE CONTENTS

1. General: Introducing the Bowtie method

- Definition: Risk, Danger, Threat, Barrier, ALARP
- A qualitative and quantitative approach to risk managements

2. Application of the Bowtie method to a concrete case (interactive workshop)

- Identification and assessment of hazards, feared events and threats in accordance with
- Risk assessment (Risk matrix design)
- Risk reduction measures (Definition of preventive and corrective measures)
- Determining aggravating factors
- Determining how to control these factors
- Determining tasks
- Determining the Who, What, When
- Determining a verification method
- Demonstration of ALARP risk reduction.



 **DURATION**
1 day (7h)

 **LANGUAGES**
French
English

 **MODALITIES**
In class
Distance learning
Intra / 10 pers.

 **PRICE**
On demand

TRAIN THE TRAINER

TARGET AUDIENCE:

All types of managers (team managers, department heads, senior management, etc.).

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Understand the roles and responsibilities of managers, whatever their hierarchical level
- Identify ways of improving behaviour
- Understand the link between behaviour, human error and accidents in the workplace
- Ensure that safety rules are integrated into day-to-day business.
- Describe leadership and commitment to health and safety at work.
- Apply effective communication and interaction.
- Ensure that teams are aware of the safety policy and apply it.
- Lead by example and proactively engaging employees on safe behaviour and safe working.

COURSE CONTENTS

Pre-training quiz to assess perception of safety culture

Introduction

- Debriefing of prior quizzes.
- Understanding the moral, legal and financial reasons why a company must apply safety rules.
- Knowing your company's policy and objectives.

1. Understanding roles and responsibilities as a manager

- The health and safety management system (risk assessment, Gemba, safety walks, etc.)

2. Improving behaviour

- Understanding the factors influencing behaviour
- Understanding human error
- Understanding the perception of risk
- Understanding leadership styles
- Making the link between leadership and commitment

3. Communicating effectively

- Understanding the impact of interference
- Taking account of the communication culture
- Choosing between different types of communication media
- Improving performance through feedback

4. Taking on OHS commitments

 **DURATION**
1 day (7h)

 **LANGUAGES**
French
English

 **MODALITIES**
In class
Intra
5/6 pers. max.

 **PRICE**
On demand

 TRAIN THE TRAINER

TARGET AUDIENCE:

All employees.

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Recognize sexism.
- Become aware of the legal framework and the consequences of acts committed.
- Free people to speak out so that they can (RE)act more effectively.
- Provide tools for avoiding/overcoming ordinary sexism in the workplace and getting over one's confusion.

COURSE CONTENTS

Introduction

- Test yourself - gender bias
- Discussion: what does sexism mean to you?
- Definition of sexism vs. discrimination
- Definition of sexism in the workplace and its consequences
- The legal framework and some figures

Let's get the word out

- Let's play cards - role-playing
- Photo gallery: your reactions
- Sharing experiences

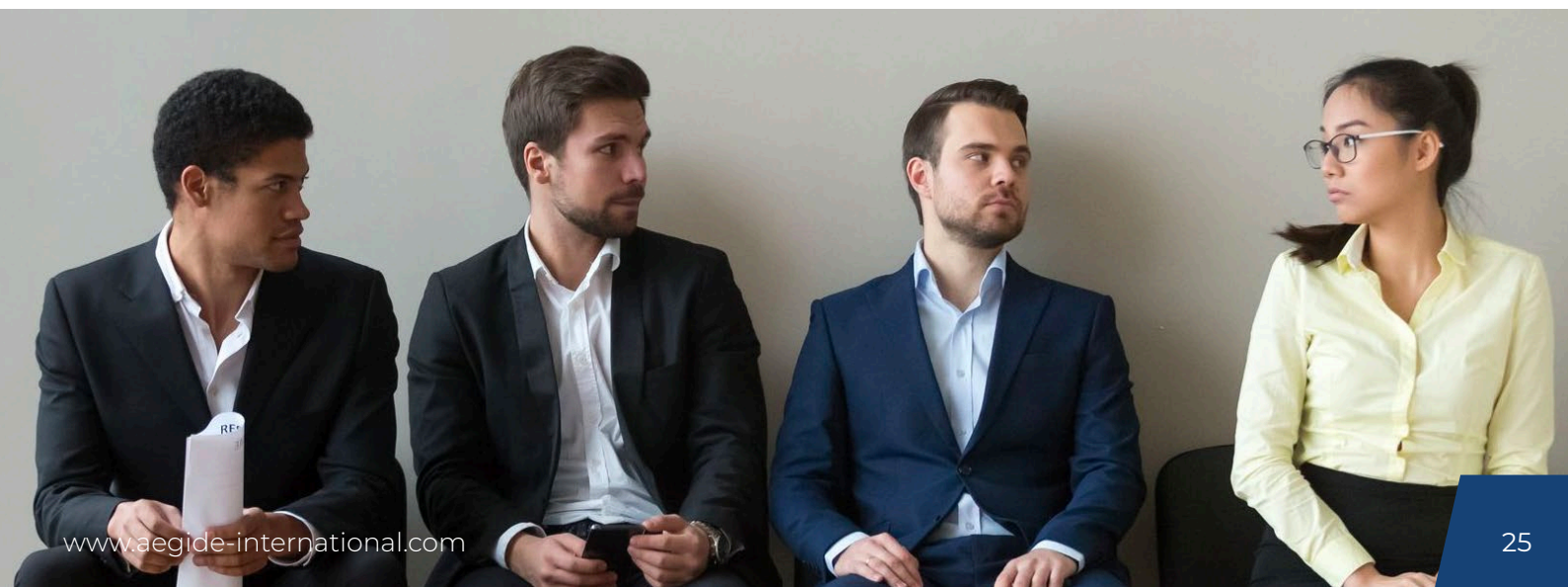
How to (RE)act

Practical workshops - let's build the tools to act and react (STOP the stupor) Comic strip and/or short film

- Creation of a comic strip - how to react to situations (4 groups)
- An illustrator invites you to put into pictures some of the situations and experiences shared that morning.
- Together, we think about the best way to act or react in order to complete the comic strip.
- Your employees are the actors in the situations illustrated and in the discourse to be used
- Tomorrow, faced with a similar situation, you can draw inspiration from these illustrations and retort to try to overcome the situation and regain your self-confidence.

Who should I contact if I am a victim or witness of a high-risk situation?

- Presentation of contacts (emergency-listening-support...)



FOR TRAINING IN ROAD RISK



Light vehicles27

Heavy vehicles28

4x429

Bus30

Road risk training courses are only available on an intra-company basis.

All these modules are also available as Train the Trainer modules.

HOW IT WORKS:

- Theoretical courses in the classroom
- Practical demonstrations in the field
- Theoretical assessment (quiz)
- Assessment of theoretical and practical presentation techniques

TEACHING METHODS:

- Demonstrative
- Interrogative
- Discovery

 **DURATION**
6 days (42h)

 **LANGUAGES**
French
English
Arabic

 **MODALITIES**
In class
Intra
Theory/practice

 **PRICE**
On demand

TRAIN THE TRAINER

TARGET AUDIENCE:

Anyone who holds a driving licence and uses their personal or business vehicle for home-to-work and/or business trips.

PREREQUISITES:

Be able to read and write in the training language. Hold a B driving licence + driving experience.

OBJECTIVES:

- Develop an awareness of road risk.
- Identify factors influencing behaviour.
- Apply 'espace' behavioural driving techniques.
- Practice commentary driving (at the wheel) according to the criteria of the 'ESPACE' method.
- Be able to train drivers.

COURSE CONTENTS

1. Introduction

- Definitions
- Scope of the problem
- Accidents and their impact
- Regulations and company policy

2. Raising awareness of road risk

- Accidents: dreaded events
- Danger, risk and consequence
- Awareness of the factors that influence probability and severity

3. Identifying accident factors

- Definitions
- Behaviour
- Forces involved
- Stopping time

4. The method for reducing road risk

- Assess the driver, the vehicle and the journey
- 360° scan
- Anticipating undesirable events
- Adjust your driving style
- Communicating with others
- Escaping the risk

5. Practical part - commented driving in a real situation

- Assessment of each participant
- Commented driving demonstration - driving method by the trainer
- Commentary driving exercises
- Evaluation and debriefing for each participant



 **DURATION**
6 days (42h)

 **LANGUAGES**
French
English
Arabic

 **MODALITIES**
In class
Intra
Theory/practice

 **PRICE**
On demand

TRAIN THE TRAINER

TARGET AUDIENCE:

Anyone who is involved in heavy vehicle transport.

PREREQUISITES:

Be able to read and write in the training language. Hold a HV driving licence + driving experience. Be a trainer in defensive driving for LV.

OBJECTIVES:

- Lead a theoretical BDD HV training course
- Demonstrate your skills in HV defensive driving
- Assess participants in HV defensive driving

COURSE CONTENTS

Chapter 1

- Pre-departure inspection

Chapter 2

- The various mechanical components of the drive train

Chapter 3

- Manoeuvring a semi-trailer (coupling/uncoupling)

Chapter 4

- The different risk situations and appropriate reactions

Practical part

- Commented driving demonstration
- Commented driving
- Inspection, braking and manoeuvrability exercises
- Evaluation and debriefing of participants



 **DURATION**
6 days (42h)

 **LANGUAGES**
French
English
Arabic

 **MODALITIES**
In class
Intra
Theory/practice

 **PRICE**
On demand

TRAIN THE TRAINER

TARGET AUDIENCE:

Anyone with a driving licence, executive, manager, driver, employee using a 4x4 on assignment or on the way to work, long term contract worker.

PREREQUISITES:

Be able to read and write in the training language. Hold a B driving licence + driving experience. Be a trainer in defensive driving for light vehicles.

OBJECTIVES:

- Identify the characteristics of 4x4s and their applications in the field.
- Drive a 4x4 safely in different circumstances.
- Understand the specific characteristics of different types of terrain and how they apply to 4x4 driving.
- How to get out of a stuck situation (towing and winching).
- Practical exercises in the field.
- Be able to train drivers.

COURSE CONTENTS

Introduction

- Definitions

Chapter 1

- Mechanical and technical characteristics
- Behaviour in operating conditions

Chapter 2

- Driving techniques, safety manoeuvres
- Specific driving on roads, sand, snow, tracks and in mud

Chapter 3

- Maintenance and safety

Chapter 4

- Getting stuck
- Towing
- Winching

Practical part

- Demonstration of 4x4 techniques
- 4x4 technique application exercises
- Evaluation and debriefing of participants



 **DURATION**
6 days (42h)

 **LANGUAGES**
French
English
Arabic

 **MODALITIES**
In class
Intra
Theory/practice

 **PRICE**
On demand

TRAIN THE TRAINER

TARGET AUDIENCE:

Anyone who is involved in bus transport.

PREREQUISITES:

Be able to read and write in the training language. Hold a Bus driving licence + driving experience. Be a trainer in defensive driving for light vehicles.

OBJECTIVES:

- Check your vehicle before driving it
- Understand the functions of mechanical components
- Learn driving techniques
- Adopt the right behaviour in different dangerous situations
- Know the safety rules for transporting people
- Master practical exercises in the field
- Be able to train drivers

COURSE CONTENTS

Introduction

- Accidentology and vehicle typology

Chapter 1

- Pre-departure inspection

Chapter 2

- The various mechanical components of the driveline

Chapter 3

- Different driving techniques

Chapter 4

- The different risk situations and reactions

Chapter 5

- Safety rules and passenger evacuation

Practical part

- Commented driving demonstration
- Commented driving
- Inspection, braking, manoeuvrability and evacuation exercises and evacuation
- Evaluation and debriefing of participants



TO GATHER AROUND AN EVENT, RAISE AWARENESS



Safety Culture Fresk32

Climate Fresk33

Safety days34

 **DURATION**
3H30

 **LANGUAGE**
French

 **MODALITIES**
On site

 **PRICE**
On demand

TARGET AUDIENCE:

All employees

PREREQUISITES:

Be able to read and write in French.

OBJECTIVES:

The Safety Culture Fresk is a fun, collaborative and creative workshop designed to raise awareness of the importance of a safety culture in the workplace.

- Be able to define what safety culture is and what it is made up of.
- Discover new concepts and tools.
- Identify areas for improvement.

HOW IT WORKS?

A deck of 66 cards to create a map based on our QHSE experience



PURPOSE

- **Understanding the issues:** enabling everyone to understand the scope and complexity of the issues involved in a safety culture.
- **Understanding my responsibility:** enabling everyone to understand the impact of their behaviour and actions on the company's overall safety performance.

LEARNING OBJECTIVES

Safety culture is a multidimensional concept that encompasses the values, attitudes, perceptions and behaviour of individuals within an organisation.

- **Strengths and weaknesses:** identify the company's strengths and areas for improvement in terms of safety, and encourage reflection and critical analysis of practices.
- **Individual responsibility:** highlight the responsibility of each individual in building a high-performance safety culture.
- **Exemplary leadership:** present the principles of exemplary leadership in the field of safety.
- **Awareness:** understand the QHSE system already in place and the importance of each card laid down as the foundation of a safer working environment.

RESULT: AN ACTION PLAN

Identify the sub-groups that represent your organisation's strengths and the sub-groups that represent areas for improvement. You will end up with an action plan that can be applied to your company!



 **DURATION**
3H30

 **LANGUAGES**
French
English

 **MODALITIES**
On site

 **PRICE**
On demand

TARGET AUDIENCE:

All employees

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

The Climate Fresk is a fun, collaborative and creative workshop that provides a simple way of understanding the causes and consequences of climate change.

- Understand the challenges of climate change
- Raise awareness and involve your employees in your environmental and/or CSR approach

HOW IT WORKS?

A deck of 42 cards based on the IPCC* reports

The 4 workshop phases

- **Reflexion:** discover and understand the maps, and link them together using collective intelligence to co-construct La Fresque and establish the causal links between climate change and its effects.
- **Creativity:** anchor knowledge and illustrate La Fresque in a team spirit to make it their own.
- **Emotions:** share emotions and positions in a spirit of goodwill.
- **Discussion:** explore individual and collective actions with orders of magnitude, and broaden our thinking beyond climate issues.

* IPCC : Intergovernmental Panel on Climate Change

CL!MATE FRESK

All the cards are in your hands!



 **DURATION**
1 day.

 **LANGUAGE**
French

 **MODALITIES**
On site

 **PRICE**
On demand

TARGET AUDIENCE:

All employees

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Put prevention at the heart of the company's priorities for a day.
- Raise awareness among all employees in a convivial atmosphere.

Aegide International can help you organise the Safety Day that is right for you.

The main idea is to use a relaxed approach to get safety messages across. We work directly in your company or in an external environment that we can choose together according to your expectations and objectives.

Workshops available

- Escape Game - The mistake
- Risk perception
- Vigilance - Live my life
- Exemplarity - Video shooting
- HSE Virtual Reality
- Risk Quiz - Estimate your priority
- Quiz - Road safety
- In the shoes of a victim
- Mobile climbing wall
- Psychotropic drugs
- Vigilance - The importance of looking
- First aid - Defibrillator
- The 7 dangerous energies
- Psychosocial risks
- Gestures and postures
- Theatre company

DOWNLOAD THE GUIDE



DISCOVER THE RENEWABLE ENERGY PROFESSIONS



Aeolus Windpass36

Foundations of onshore wind energy37

Foundations of offshore wind energy38

 **DURATION**
1 day (7h)

 **LANGUAGES**
French
English

 **MODALITIES**
In class
Distance learning
Intra

 **PRICE**
On demand

TARGET AUDIENCE:

Anyone who is working in the wind industry.

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Ensure the safety of personnel during activities related to wind turbines.
- Ensure control of hazards and adopt good behavior.

COURSE CONTENTS

Syllabus:

1 : General principles

- The individual, attitude and behavior
- Personal considerations
- Alcohol and drugs, medication
- Knowing how to communicate and the means of communication
- Event reports and investigations
- Emergency procedures
- Signaling
- Land transportation
- Staff facilities
- Site maintenance

2 : Access and ergonomics

- Slip and trip
- Workstation and ergonomics
- Work at Height
- Restricted spaces and confined spaces

3 : Control of energy sources

- Electrical energy
- Mechanical energy
- Potential energy
- Hazardous materials
- Management of energy sources

4 : Personal Protective Equipment

5 : Health and Hygiene

- Biological and chemical risk
- Hygiene
- Weather and extreme temperatures
- FIRST AID

6 : Environmental protection and fire safety

- Environmental Protection
- Fire safety

7 : Land transportation

- Travel management
- Construction steps
- Climatic conditions
- Road signs
- Communication means

8 : Sea and air transport

- Sea and air transport management
- Weather situation

For more services on wind energy,
please contact the company: **8.2**

 **DURATION**
2 days (14h)

 **LANGUAGES**
French
English

 **MODALITIES**
In class
12 trainees max.
Intra

 **PRICE**
On demand

TARGET AUDIENCE:

Anyone who is working in the wind industry.

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Understand the main components of a wind turbine and the associated risks of failure.
- Be familiar with the operational performance indicators of a wind farm.
- Be familiar with the main industrial and administrative players involved in managing a wind farm.
- Be familiar with the main HSE tasks of a wind farm asset manager.
- Plan regulatory and asset management inspections.

COURSE CONTENTS

Module 1: How a wind turbine works and its major components

Module 2: Wind turbine control system

Module 3: Blades, construction, ageing and inspections

Module 4: Wind turbine drive train, drive train components and points of attention

Module 5 Onshore foundations

Module 6: Role of the asset manager.

Module 7: Multiplier inspection, video endoscopy

Module 8: Performance indicators and SCADA data analysis

Module 9: Extended service life and fatigue calculations

On-site practical training option: please contact us





DURATION
2 days (14h)



LANGUAGES
French
English



MODALITIES
In class
12 trainees max.
Intra



PRICE
On demand

TARGET AUDIENCE:

Anyone who is working in the wind industry.

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Identify the main risks and problems associated with offshore wind turbine maintenance.
- Recognise the inspections required for the different parts of the turbine (blades, nacelles, towers, foundations) and understand their importance.
- Apply safety rules for access to offshore sites.
- Effectively manage HSE documentation in compliance with legal and operational requirements.
- Characterise and assess the criticality of faults identified on offshore wind turbines.

COURSE CONTENTS

Module 1 - Understanding the basic principles of offshore wind:

- Explain how wind turbines work and the key concepts related to energy production.
- Identify the specific characteristics of offshore wind turbines compared with onshore wind turbines.

Module 2 - Becoming familiar with components and design:

- Describe the different components of an offshore wind turbine (rotor, nacelle, tower, foundations).
- Identify the different types of inspection required.

Module 3 - Exploring the life cycle of an offshore project:

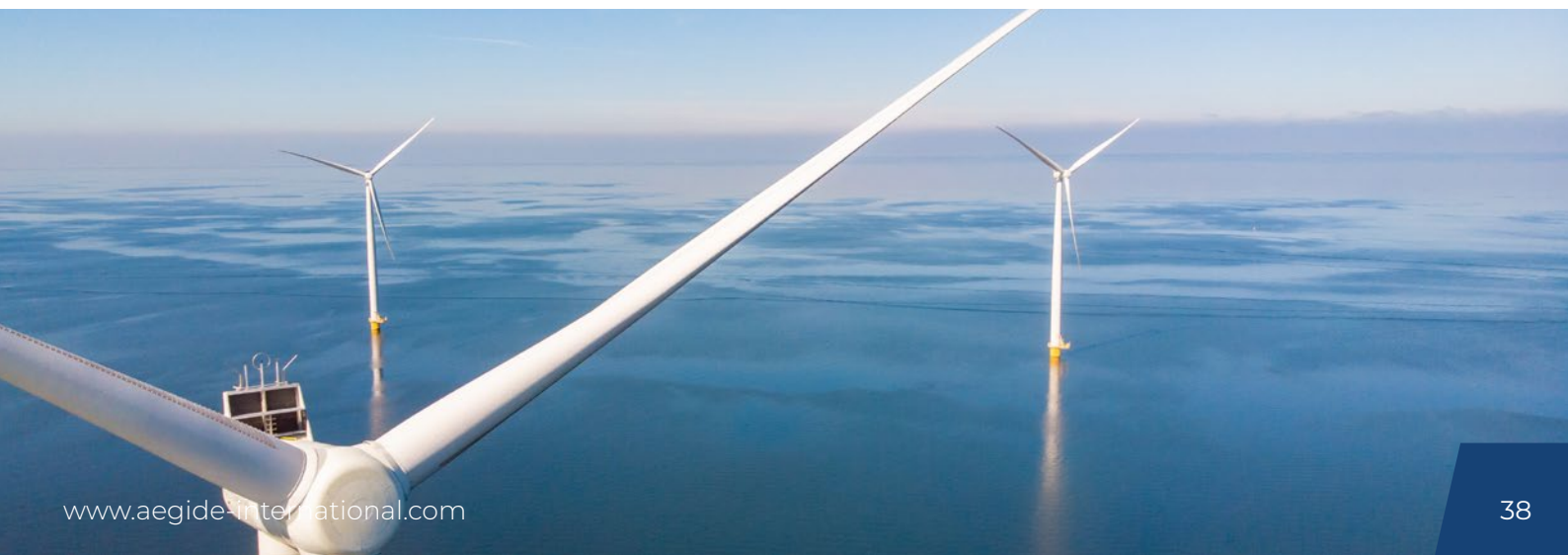
- Understand the main stages of an offshore project: preliminary studies, design, construction, operation and decommissioning.
- Identify the players involved (developers, engineers, certification bodies, etc.).

Module 4 - Understanding specific environmental and regulatory issues:

- Understand the environmental impacts associated with offshore projects and mitigation measures.
- Understand the standards and regulations in force in the offshore wind industry.

Module 5 - Understanding maintenance and safety issues:

- Understand the challenges associated with offshore wind farm maintenance (access, weather conditions).
- Identify best practice in terms of safety on an offshore site.
- Fault management
- Assessment and appraisal of repairs



DISCOVER THE DRILLING PROFESSIONS



Checking the integrity of drilling rigs	40
Reactivation and operation of drilling rigs	41
Well control equipment and regulation	42

 **DURATION**
5 days (35h)

 **LANGUAGES**
English
French

 **MODALITIES**
In class
Intra

 **PRICE**
On demand

TARGET AUDIENCE:

Drilling engineers, drilling supervisors, HSE engineers & Advisors, Drilling Supervisors, Maintenance engineers & supervisors (Electrical & Mechanical).

PREREQUISITES:

Be able to read and write in English.
Working in the Oil & gas industry.

OBJECTIVES:

- Introduction to International Standards with regards to drilling equipment.
- Improve your knowledge regarding drilling equipment.
- Improve your ability to identify hazards at the worksite.
- Improve HSE at Rig site.
- Be able to advise on maintenance performance of the Drilling Equipment.

COURSE CONTENTS

Syllabus:

Day 1

- Entrance Questionnaire
- Drilling Industry standards (API, ASTM, NACE, ASME, ANSI, CE Marking, ISO etc.)
- Rig Documentation review (COC, CATIII, CATIV, Register, etc.)
- Contractor's PMS audit (PM tasks, spare parts, etc.)

Day 2

- Structures (mast, casing stabbing board, substructure, derrick finger board, etc.)
- Drilling equipment (rotary table, DCR, etc.)
- Lifting and rotation (Crown Block, TDS, travelling block, etc.)

Day 3

- Marine systems (ballast, bilge, positioning systems, communications, etc.)
- Power plant (engines, generators, watermakers, compressors, etc.)
- Electrical equipment (AC motors, VFD, SCR, Ex equipment, etc.)

Day 4

- Well control (BOP, Choke&kill, Diverter, accumulators, hydraulic unit, etc.)
- Mud system (mud pumps, mixers, etc.)

Day 5

- Control systems (ACS, communication, CCTV, etc.)
- HSE (safety devices, HSMS, fire systems, etc.)
- Lifting (DROPS, cranes, winches, etc.)
- Acceptance testing
- Electrical equipment (AC motors, VFD, SCR, Ex equipment, etc.)



 **DURATION**
5 days (35h)

 **LANGUAGES**
English
French

 **MODALITIES**
In class
Intra

 **PRICE**
On demand

TARGET AUDIENCE:

Drilling Managers and Drilling Superintendents.

OBJECTIVES:

- This course will give you a complete understanding of the challenges associated to the management of costs and schedule of a rig intake program.

PREREQUISITES:

Be able to read and write in English.
Working in the Oil & gas industry.

COURSE CONTENTS

Day 1

Inspections of drilling rigs and assessment of equipment condition (storage conditions, review of latest rig certifications, obsolescence management).

Day 2

Drawing up a work plan for returning the drilling rig to service, based on the IADC equipment list and inspection reports.

Day 3

Evaluate the duration and budget for reactivation, start-up and operation, including the necessary documentation and operational procedures.

 **DURATION**
5 days (35h)

 **LANGUAGES**
English
French

 **MODALITIES**
In class
Intra

 **PRICE**
On demand

TARGET AUDIENCE:

Junior Drilling Engineers or Junior Supervisors.

OBJECTIVES:

Be prepared to successfully pass the equipment module of the well control courses.

PREREQUISITES:

Be able to read and write in English.
Working in the Oil & gas industry.

COURSE CONTENTS

Syllabus:

Day 1

- Well control procedures
- Equipment testing frequencies
- Applicable Regulations and standards
- Review of FAQ on procedures and regulations

Day 2

- BOP equipment
- Choke and Kill lines
- Choke manifold
- Connections and Gaskets
- Review of FAQ on equipment..

Day 3

- Accumulator unit
- Remote control
- Failure detections and interventions

Day 4 - SUBSEA (optional)

- Regulation and specificities (test frequency, response time, pressure accumulators, etc.)
- Equipment (Connectors, BOP stack, LMRP, Riser elements, Diverter)
- BOP Accumulators and control systems
- Introduction to the MPDD



FOR MORE FLEXIBILITY: OUR E-LEARNING



Nebosh IGC44

Prevention officer e-Learning45

Audit techniques46

Teaching techniques for trainers47

Behavioural defensive driving48

Our other e-learning courses49

 **DURATION**
Approx. 105 hours

 **LANGUAGE**
French

 **MODALITIES**
E-learning

 **PRICE**
1500 € VAT incl.

TARGET AUDIENCE:

Anyone who has health & safety roles and responsibilities in their job and wants to be worldwide recognized for their broad knowledge and understanding of these issues. Also suitable for those embarking on an HSE career.

PREREQUISITES:

Basic knowledge of occupational health and safety and risk prevention in the workplace. Be able to read and write in French.

OBJECTIVES:

- Understand the fundamentals of an Occupational Health and Safety Management System.
- Understand their role and responsibilities in an Occupational Health and Safety Management System.
- Understand the hazards of your industry and workplace.
- Understand the principles and preventive measures of Health and Safety at Work.



COURSE CONTENTS

The NEBOSH International General Certificate training is divided into two units: IG1 and IG2. Each unit will be evaluated separately

IG1: Management of international health and safety

Syllabus:

- Why we should manage workplace health and safety
- How health and safety management systems work and what they look like
- Managing risk – understanding people and processes
- Health and safety monitoring and measuring

IG2: Risk assessment

Syllabus:

- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workplace issues
- Work equipment
- Fire
- Electricity

Examination / validation:

IG1: Open book remote questionnaire (OBE-Open book examination) - 24 hours to give the exam - approx. 4 hours of personal work. Approx. 10 (open) questions that can be broken down into several sub-questions.

IG2: practical risk assessment: to be carried out no later than 7 days after the OBE. Part IG1 must also have been followed.



THEORETICAL CONTENT IN STANDARDISED FRENCH

The theoretical content remains the same as that taught during the face-to-face or instructor-led distance learning sessions.



OPTIONAL: IG1/IG2 REVISION DAY

Presentation of the IG1/OBE & IG2 examination process, role-playing exercises, generic exercises



AUTONOMY, FLEXIBILITY AND PROGRESS MONITORING

Complete freedom of training implementation for both employer and employee through a powerful tracking platform.



NEBOSH OFFICIAL EXAM AND CERTIFICATION

After validation of the courses, official exams validating the IG1 and IG2 modules in order to obtain the international certification.

 **DURATION**
Approx. 10 hours

 **LANGUAGE**
French

 **MODALITY**
E-learning

 **PRICE**
490 € VAT incl.

TARGET AUDIENCE:

Anyone who has responsibilities in the company's health, safety and sustainable development approach. Everyone who assist the employer in matters of health and safety in the workplace.

OBJECTIVES:

Acquire the knowledge needed to deal with the company's occupational risk protection and prevention activities.

PREREQUISITES:

Be able to read and write in French.

COURSE CONTENTS

1. Occupational risk management (4 modules)

- Understand the issues and players involved in risk prevention
- Professional risk prevention approach
- Human factors that can have an impact on safety
- Prevention plan

2. Risks (14 modules)

- Fire risk
- Raising awareness of electrical hazards
- Chemical risk prevention
- Prevention of biological risks
- Prevention of falls from height
- Risks associated with the movement of people in the workplace
- Prevention of road risks
- MSD prevention: movements and postures
- Screen work
- Prevention of noise-related risks
- Psychosocial risks / stress in the workplace
- Hygiene in the workplace
- ATEX
- Safety in the workplace.

3. PPEs (1 module)

- PPE: Safe working for employees

4. React and intervene (2 modules)

- Accidents in the workplace.
- Reacting and intervening to re-establish appropriate behaviour

ASSESSMENT

- Quiz to validate knowledge at the end of each module
- Certificate for each module
- Training certificate and overall transcript at the end of the course

 **DURATION**
Approx. 1 hour

 **LANGUAGES**
French
English

 **MODALITY**
E-learning

 **PRICE**
On demand

TARGET AUDIENCE:

Anyone who wish to learn audit techniques.

PREREQUISITES:

Be able to read and write in the training language.

OBJECTIVES:

- Ensure knowledge of the conditions and requirements of the audit activity.
- Help future auditors to define their role and expected posture.
- Acquire the techniques and operational methods needed to conduct effective audits.

COURSE CONTENTS

1. Introduction

- What is an audit
- The main definitions

2. Audit method training

- The qualities of an auditor
- Auditor behaviour
- Attitudes
- Audit techniques

3. Preparing for the audit

- How an audit is carried out
- Definition of the audit objective
- Defining the scope of the audit
- Taking the organisation into account
- Creating the audit plan

4. The Audit

- Opening meeting
- The survey
- Preparation of audit conclusions
- Closing meeting

5. Analysis and feedback

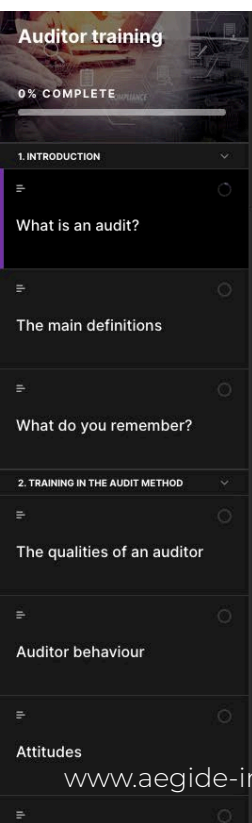
- The audit report
- Audit follow-up

6. The behaviour of auditees

- How to manage auditees

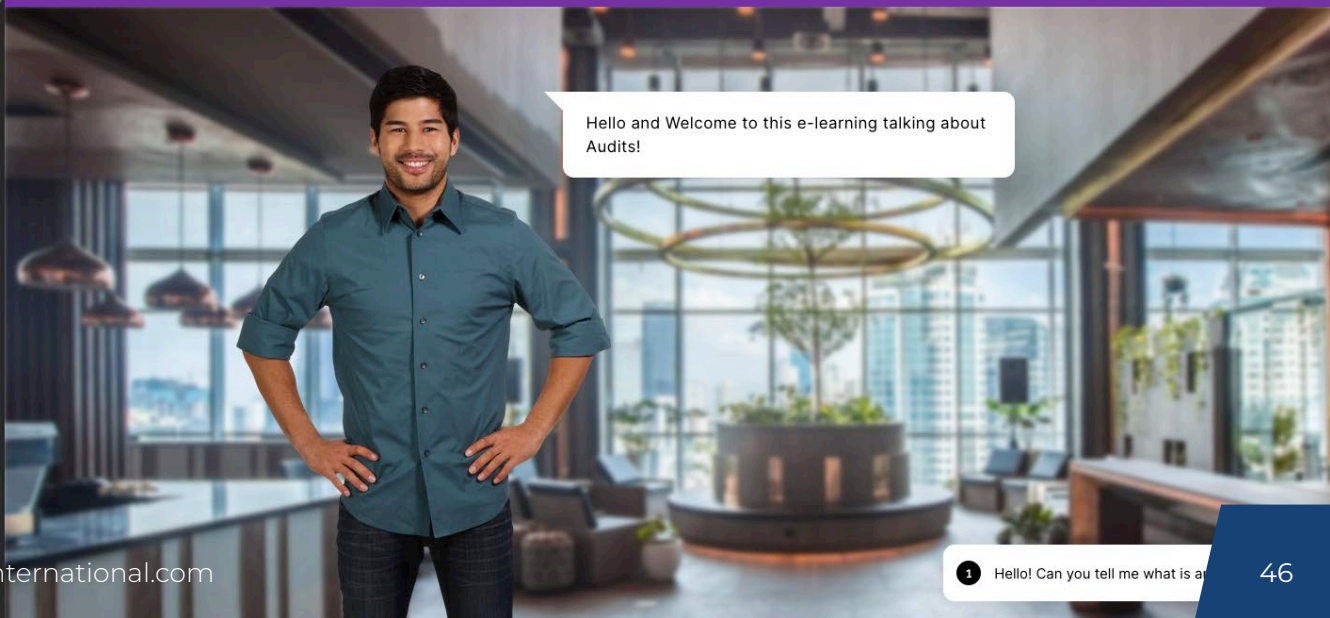
7. Quiz

- Final quiz



What is an audit?

LESSON 1 OF 25



 **DURATION**
45 min. approx.

 **LANGUAGES**
French
English

 **MODALITY**
E-learning

 **PRICE**
On demand

TARGET AUDIENCE:

Anyone who wish to learn the pedagogical techniques of the trainer.

PREREQUISITES:

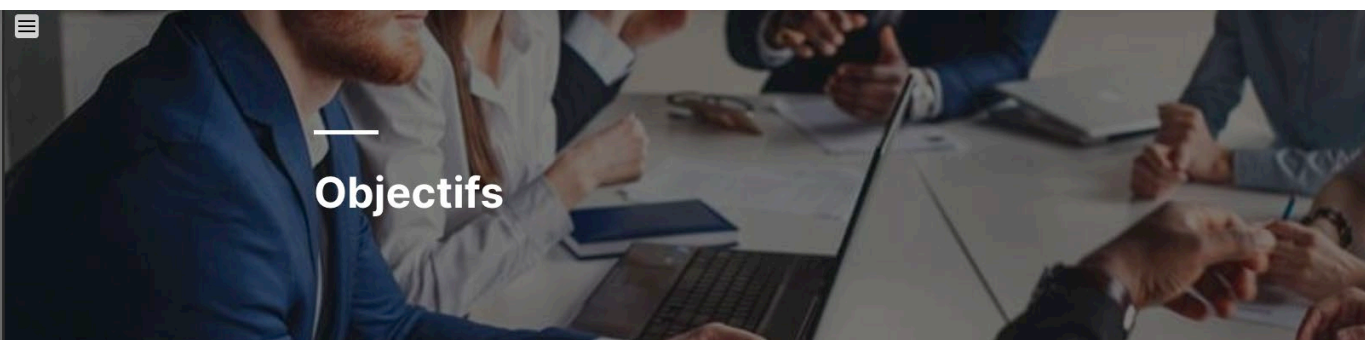
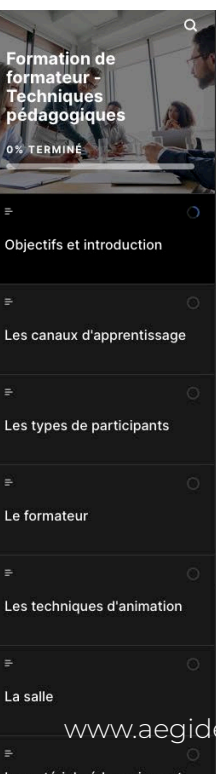
Be able to read and write in the training language.

OBJECTIVES:

- Help future trainers define their role and the posture expected of them,
- Present benchmarks in terms of facilitation,
- Suggest tools and methods.

COURSE CONTENTS

1. Introduction
2. Learning channels
3. Types of trainee
4. The trainer
5. The room
6. Teaching materials / aids
7. Starting a course
8. Running a course
9. Closing a course
9. Final quiz



Ce module s'adresse principalement aux formateurs occasionnels n'ayant pas ou peu de pratiques en pédagogie des adultes.

Ce module a pour objectifs :

- 1 D'aider le futur formateur à définir son rôle et la posture attendue.
- 2 De présenter des repères en terme d'animation
- 3 De proposer des outils et des méthodes afin de faciliter vos futures interventions

 **DURATION**
1H approx.

 **LANGUAGE**
French

 **MODALITY**
E-learning

 **PRICE**
On demand

TARGET AUDIENCE:

All your employees.

PREREQUISITES:

Be able to read and write in French.

OBJECTIVES:

The aim of this e-learning programme is to teach drivers and passengers the correct behaviour and attitudes to adopt when travelling on the road. The ultimate aim is to reduce the number of accidents on the roads.

COURSE CONTENTS

1. Defensive behaviour - Introduction
2. Reaction and anticipation times
3. See and being seen
4. Imagine and check
5. Safety distances
6. Assess driver ability
7. Assess the vehicle's capabilities
8. Conclusion
9. Final Quiz



 **DURATION**
Contact us

 **LANGUAGE**
French

 **MODALITY**
E-learning

 **PRICE**
On demand

TARGET AUDIENCE:

All your employees.

OBJECTIVES:

Please contact us.

PREREQUISITES:

Be able to read and write in French.

ALL THEMES AVAILABLE ON THE SHELF

- General safety
- Safety management
- Fire risk
- Musculoskeletal disorders
- Electrical risks
- Lifting / Handling / Machinery
- Road risk
- Chemical risks / CMR / Asbestos
- Psychosocial risks and Quality of Life at Work
- Work-life balance
- Biological risks
- Sustainable development
- Work-related stress
- Security



TO FIND OUT MORE...



OTHER TRAINING COURSES AVAILABLE ON THE SHELF

- Life-saving techniques
- Fire risk.
- TMS - Musculoskeletal disorders
- QWL - Quality of life at work
- RPS - Psychosocial risks
- Confined spaces
- Working at height
- Driving machinery
- Lifting (slingers, foremen, supervisors)
- ATEX
- Diisocyanates

We can also carry out training engineering based on your specific needs and reference frameworks. Our training experts are on hand to help you achieve your pedagogical and operational objectives.



CONTACT US



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Guidebook QHSE TRAINING 2025



Approved
training
provider
4081

