

NEBOSH Training

Health and Safety at Work Award



Improve your organisation's safety performance with this practical qualification that is relevant to all industries.

The NEBOSH Health and Safety at Work Award provides a best practice introduction to workplace health, safety, and risk that is relevant to all industry sectors.

Who is it designed for?

The qualification is designed for anyone who needs to understand the principles of health and safety as part of their job; this would include team leaders and supervisors, HR professionals, facilities managers and those training young people in a working environment. Many people take the NEBOSH Health and Safety at Work Award as a first step in a career in health and safety. It gives a valuable overview, and is a sound basis for further professional study.

Prerequisites

None.

Objectives

When you have completed the qualification, you will be able to:

- understand why health and safety needs to be managed, ensuring effective processes are in place;
- inspect the workplace, recognising a range of common hazards, evaluating risks (taking account of current controls), recommending further control measures and assigning actions; and
- understand why incidents happen and how to investigate them.



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Course content

Total duration of training : 23 hours (3 days)

Element 1: Why and how you manage health and safety

- Moral, legal and financial reasons and benefits for managing health and safety
- Managing health and safety consistently well
- Auditing

Element 2: Dealing with common workplace hazards

- General workplace issues
- Violence and aggression
- Work-related stress
- Hazardous chemicals and substances
- Computers
- Substance abuse
- Electricity, Fire
- Manual handling
- Noise and vibration
- Work equipment
- Work at height
- Workplace transport

Element 3: Stopping incidents and ill-health before they happen

- Inspecting the workplace
- Risk assessment theory

Element 4: Learning from incidents

- Why investigating incidents makes sense
- A simple four-step approach to investigations



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Training materials and methods:

- Reception of trainees in a room dedicated to training
- Training support documents projected and made available
- Training support documents given to trainees
- Consultation of specialized websites (films, videos, information media ...)
- Exam preparation exercises (workshops)
- Quiz

Assessment

To achieve the qualification, learners must complete and pass the Unit HSA1 assessment. This assessment is a workplace health and safety review which should be carried out in the workplace.

Monitoring and evaluation :

- Attendance sheets
- Oral questions with a collegiate answer each end of the day
- Satisfaction survey completed by participants at the end of training

Trainers:

HSE Experts: coaching, training, consulting, coordination, QHSE supervision.

Our expert trainers are accredited by the NEBOSH Organization. Annual review of accreditation.

More information



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